

Ashley Harmon, M.D.

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SUMMARY

Harvard-trained and board-certified psychiatrist with over 20 years of clinical experience evaluating and treating complex psychiatric conditions in children, adolescents, and adults. Former Chief Resident at Massachusetts General Hospital with fellowship training in child and adolescent psychiatry and psychoanalysis. Practice includes clinical diagnosis and treatment, Independent Medical Examinations (IMEs), forensic risk assessments, and causation analysis in legal matters.

LICENSURE & CERTIFICATION

- **Washington State Medical License** | License #MD 60343555 | 2013–Present
- **Massachusetts State Medical License** | License #216444 | 2002–2019, 2026–Present
- **Board-Certified, General Psychiatry** | Certificate #55996 | American Board of Psychiatry and Neurology | 2006–Present

EDUCATION & POST-GRADUATE TRAINING

Fellow, Child and Adolescent Psychiatry | Cambridge Health Alliance, Harvard Medical School, Cambridge, MA | 2005–2007

Resident, Adult Psychiatry | Massachusetts General Hospital & McLean Hospital, Harvard Medical School, Boston, MA | 2002–2005

Intern, Transitional Year | Emory University School of Medicine, Atlanta, GA | 2001–2002

Doctor of Medicine (M.D.) | Emory University School of Medicine, Atlanta, GA | 2001

Bachelor of Arts (B.A.), Biology | Hendrix College, Conway, AR | 1997

ACADEMIC APPOINTMENTS & TEACHING EXPERIENCE

Courtesy Faculty | University of Washington School of Medicine, Seattle, WA | 2018–Present

- Provide clinical supervision for psychiatry residents specializing in psychoanalytic psychotherapy.

Faculty | Seattle Psychoanalytic Society and Institute, Seattle, WA | 2018–2022

- Instructed post-graduate mental health clinicians in developmental theory, self-psychology, and psychoanalytic clinical technique.

Clinical Instructor in Psychiatry | Harvard Medical School, Boston, MA | 2007–2013

- Instructed medical students and residents during core psychiatry clerkships and clinical hospital rotations.

Chief Resident, Acute Psychiatry Service | Massachusetts General Hospital, Boston, MA | 2004–2005

- Assisted in the management of clinical operations, led didactic seminars, and directed clinical supervision for residents and medical students within a high-acuity academic psychiatric service.
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CLINICAL & CONSULTATIVE EXPERIENCE

Forensic Psychiatric Consultant & Independent Medical Evaluator | *Seattle, WA* | 2026–Present

- Conduct Independent Medical Examinations (IMEs), causation analyses, and functional impairment evaluations for personal injury and workers' compensation matters.
- Prepare forensic psychiatric reports and medical-legal evaluations.

Private Practice Psychiatrist | Ashley Harmon, M.D. PLLC, Seattle, WA | 2013–Present

- Provide psychiatric evaluation and treatment for children, adolescents, and adults.

- Manage longitudinal treatment of neurodevelopmental disorders (Autism/ADHD), trauma and stressor-related disorders, mood and anxiety disorders, somatic symptom disorders, substance use disorders, personality disorders, and co-occurring medical conditions.
- Utilize trauma-informed care, psychopharmacology, psychoanalytic psychotherapy, and cognitive behavioral therapy within family, educational, and occupational systems.

Independent Mental Health Evaluator | Seattle, WA | 2015–2020

- Conducted independent mental health evaluations and risk assessments for regional school districts.
- Provided objective diagnostic clarification and administrative recommendations for students with high-acuity behavioral and psychiatric presentations.
- Authored detailed clinical reports used for administrative determinations and educational placement.

Private Practice Psychiatrist | Ashley Harmon, M.D., Lexington, MA | 2007–2013

- Provided comprehensive psychiatric evaluation and treatment for children, adolescents, and adults with psychiatric disorders.
- Specialized in trauma-informed care and the integration of psychopharmacology with psychoanalytic psychotherapy.
- Collaborated with multidisciplinary teams in complex educational and family systems.

CERTIFICATIONS & ADVANCED TRAINING

- **Certified Psychedelic-Assisted Therapy Provider**, Integrative Psychiatry Institute | 2025
- **Certified Integrative Psychiatric Provider**, Integrative Psychiatry Institute | 2023
- **Adult Psychoanalytic Graduate**, Seattle Psychoanalytic Society and Institute | 2018
- **Adult Psychoanalytic Training**, Boston Psychoanalytic Society and Institute | 2009–2013
- **Child and Adolescent Psychoanalytic Training**, Boston Psychoanalytic Society and Institute | 2010–2013

PRESENTATIONS & LECTURES

- “Childhood Development II: 6–12 Years,” Lead Instructor, Seattle Psychoanalytic Society and Institute | 2022
- “Self-Psychology,” Co-Instructor, Seattle Psychoanalytic Society and Institute | 2019
- “Clinical Case Conference,” Co-Instructor, Seattle Psychoanalytic Society and Institute | 2018
- “Writing Workshop,” Presenter, American Psychoanalytic Association Annual Meeting | 2011
- “Clinical Case Conference,” Presenter, American Academy of Child and Adolescent Psychiatry (AACAP) Annual Meeting | 2011
- “Nonverbal Learning Disorders,” Faculty Lecture, Cambridge Health Alliance Child and Adolescent Psychiatry Fellowship, Harvard Medical School | 2007
- “Sexual Side-Effects in Adolescents,” Faculty Lecture, Cambridge Health Alliance Child and Adolescent Psychiatry Fellowship, Harvard Medical School | 2006
- “Management of the Agitated Patient,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Grief Assistance in an Emergency Setting,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Acute Management of Alcohol and Benzodiazepine Withdrawal,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Psychiatric Assessment of Medical Illness,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Child and Adolescent Psychiatric Emergencies,” Psychosomatic Conference, MGH/McLean Residency Program, Harvard Medical School | 2004
- “Catatonia,” Psychosomatic Conference, MGH/McLean Residency Program, Harvard Medical School | 2004
- “McLean Personality Disorder Case Conference,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2004
- “The Dying Patient: Psychiatry’s Role in a Hospital,” Clinical Didactic, MGH/McLean Residency Program, Harvard Medical School | 2002

- “Hyponatremia and Psychosis: Diagnosis of Metastatic Lung Cancer,” Chief Resident Rounds, Emory University School of Medicine | 2001
- “Management of Depression in the Primary Care Setting,” Clinical Didactic, Emory University Department of Family Medicine | 2000
- “Microglial Activation by Alzheimer Amyloid Precursor Protein and Modulation by Apolipoprotein E,” National Conference of Undergraduate Research | 1997

PROFESSIONAL MEMBERSHIPS

- American Academy of Child and Adolescent Psychiatry (AACAP)
- American Academy of Psychiatry and the Law (AAPL)

PEER-REVIEWED PUBLICATIONS

- **Harmon A.** “Talking about sexual side-effects: Countering don’t ask, don’t tell.” *Adolescent Psychiatry* 2007; 30:147.
- **Harmon A,** Wilson B, Henderson J, Frumkin H. “Cholinesterase levels among agricultural pilots and mixer/loaders.” *J Agromedicine* 2000; 7:57–68.
- Barger S, **Harmon A.** “Microglial activation by Alzheimer amyloid precursor protein and modulation by apolipoprotein E.” *Nature* 1997; 388:878–81.