

Abhi Kasinadhuni, MD

Newtown Square, PA 19073 • (513) 252-5389 • AbhiKasMD@gmail.com

Summary

Current Medical Director for a 130-bed rehabilitation facility. Board Certified in Internal Medicine. Fellowship trained in Vascular Medicine. Over ten years of experience in primary care and hospital medicine.

Experience

Medical Director and Physician, Skilled Nursing and Post-Acute Care

February 2025 – Present

The Belvedere, Chester, PA (Medical Director)

Aventura at Prospect, Prospect Park, PA

Aventura at Pembroke, West Chester, PA

Exton Post Acute, Exton, PA

Montgomery Subacute and Respiratory Center, Plymouth Meeting, PA

Willow Grove Post Acute, Hatboro, PA

Venous and Lymphatic Specialist

September 2024 – May 2025

The Vein and Vascular Center at Premier, Exton, PA

119 E Uwchlan Ave #200, Exton, PA 19341 • 484-713-4172

July 2020 – June 2024

Center for Vein Restoration, Wayne, PA

744 W. Lancaster Ave, Suite 225, Wayne, PA 19087 • 610-230-2531

Hospitalist

September 2020 – Present

Regional Hospital of Scranton, Scranton, PA

746 Jefferson Ave, Scranton, PA 18510 • 443-221-8409

September 2019 – June 2020

Frederick Memorial Hospital, Frederick, MD

400 West 7th St, Frederick, MD 21701 • 817-751-0978

Urgent Care Physician

December 2018 – June 2019

Trumbull Mahoning Medical Group, Cortland, OH

2600 Elm Rd, Cortland, OH 44410 • 330-716-4020

Education

Fellow of Venous and Lymphatic Medicine

July 2019 – June 2020

Center for Vein Restoration, Greenbelt, MD

7474 Greenway Center Dr, Suite 1000, Greenbelt, MD 20770 • 240-965-3200

Visiting Resident, Vascular Medicine

October 2018

Cleveland Clinic, Cleveland, OH
9500 Euclid Ave, Cleveland, OH 44195 • 216-444-4420

Clinical Instructor

December 2017 – June 2019

Northeast Ohio Medical University, Rootstown, OH
4209 St, OH-44, Rootstown, OH 44272 • 330-325-6263

Resident of Internal Medicine

July 2016 – June 2019

Northeast Ohio Medical University, Western Reserve Health Education, Warren, OH
1350 East Market St, Warren, OH 44482 • 330-841-9011

Doctor of Medicine

August 2011 – May 2016

American University of Antigua, Osbourn, Antigua and Barbuda
Jabberwock Rd, Osbourn, Antigua and Barbuda • 212-661-8899

Bachelor of Science in Human Nutrition with Research Distinction

September 2007 – June 2011

The Ohio State University, Columbus, OH
281 West Lane Ave, Columbus, OH 43210 • 614-292-6446

Areas of Expertise

- Pain management, Palliative care, Hospice care, Frailty, Falls and mobility issues
- Delirium, Polypharmacy, Ulcers and wound care, Hypertension, Coronary artery disease
- Sepsis management and antimicrobial stewardship, Chronic critical illness
- Heart failure, Arrhythmias (e.g., atrial fibrillation), Valvular heart disease
- Peripheral artery disease, Dyslipidemia, Diabetes mellitus (Type 1 and Type 2)
- Obesity and Metabolic syndrome, Ozempic, Zepbound, Mounjaro, Osteoporosis
- Gastroesophageal reflux disease, Irritable bowel syndrome, Crohn's disease
- Ulcerative colitis, Pancreatitis, Celiac disease, Diverticulitis
- Asthma, Chronic obstructive pulmonary disease, Pneumonia, Pulmonary embolism
- Deep Venous Thrombosis, Chronic Venous Insufficiency, Sleep apnea
- Chronic kidney disease, Urinary tract infections, Anemia, Thrombocytopenia

- Stroke, Dementia, Ventilator and feeding tube management, Cancer
- Allergies, Depression, Anxiety, Bipolar disorder, Schizophrenia, Insomnia
- Substance abuse disorders, Chronic pain syndromes

Procedure Certifications

- Arterial lines, Thoracentesis, Paracentesis, Joint injections
- Ultrasound-guided central line placement

Research

Patient Perception of Insulin Therapy

December 2014 – May 2015

Kingsbrook Jewish Medical Center

Lead investigator with Dr. Pasco and Dr. Kudroff, studying patient difficulties with insulin therapy initiation and compliance.

Aspirin Monotherapy Outcomes

May – July 2009

Family Medicine, Ohio State University Medical Center

Surveyed patients and assisted in data entry and outcome charting under Dr. William F. Miser.

Mobile Technology in Health Systems

September 2008 – June 2009

Public Health, Ohio State University

Conducted literature review and collected data on handheld device use in OSU Medical Center under Dr. Ann S. McAlearney.

Basic Lab Procedures

June – August 2007

Biological Sciences, University of Cincinnati

Learned lab techniques including microscopic dissection and animal monitoring under Dr. Edwin R. Griff.

Posters and Presentations

- **American College of Phlebology Annual Congress**, Nashville, TN, November 8-11, 2018
Venous Leiomyosarcoma of Vena Caval and Non-Vena Caval Origin: A Review
- **Endo Bridge**, Antalya, Turkey, October 20-23, 2016
Health Literacy and Diabetic Patient Perceptions of Insulin Use
- **Ohio ACP Scientific Meeting**, Columbus, OH, October 13-14, 2016
Health Literacy and Diabetic Patient Perceptions of Insulin Use

- **Denman Undergraduate Research Forum**, Columbus, OH, May 16, 2011
Internal Validity of a Household Food Security Scale in India

Awards

- American College of Phlebology Abstract Grant, October 2018, \$1000
- 4 Rs MSP: Recruit, Retain, Refresh, Reward Multicultural Scholars Program, USDA, August 2008 – June 2011, \$16,500 scholarship
- Writing Lives Award, Ohio State University English Department, April 2008
- P&G Research Your Future in Science Seminar, August 2007

Publications

- Kasinadhuni, Abhi et al. “Upper Extremity Fibromuscular Dysplasia.” 2018. Print.
- Kasinadhuni, Abhi. “Chemoradiation Resistance In Advanced Colorectal Carcinoma With K-RAS Mutation.” ACP National Abstract Competition, December 2014. Web.
- Kasinadhuni, Abhi. “Internal Validity of a Household Food Security Scale in India.” Thesis. The Ohio State University, 2011. Print.
- Kasinadhuni, Abhi, and Ann S. McAlearney. “A Purchasing Decision.” Health Systems Management and Policy. 2009. Print.

Extracurricular Activities

- **Northside Regional Medical Center Safety Committee**, Resident Chair, July 2017 – June 2019
- **Pediatric Nursing Home, Kingsbrook Jewish Medical Center**, Events Chair, September – December 2014
- **Cincinnati Area German Shepherd Rescue**, December 2013 – June 2014
- **AUA Student Government Association**, Executive Board, August 2012 – May 2013
- **Ohio State University Medical Center**, Volunteer, September 2008 – May 2009

Certifications

- ACLS, BLS

Languages

- English, Telugu

References

Available upon request.