



Rachel D. Maree, MD, MPH

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Professional Experience

Centene Corporation

March 2022-present

Medical Director, Medicaid Behavioral Health (Kentucky, Illinois, New Jersey, North Carolina, Georgia, Pennsylvania, California, Nevada, Oregon)

- Provides medical necessity determinations using approved clinical criteria (InterQual, ASAM, etc.) in accordance with various state regulatory requirements
- Collaborates daily with clinical teams and network providers to review complex cases, make medical necessity determinations and perform appeal reviews
- Identifies quality improvement opportunities and implements appropriate studies to evaluate trends and implement changes and improvements
- Provided a targeted, detailed, ASAM specific training for utilization managers across markets in 2022
- Assisted KY market with a health benefits ratio initiative to provide timely utilization management and medical director reviews of complicated residential substance use disorder cases leading to increased identification of medically inappropriate utilization and an annualized savings of ~\$1.5million for the market in 2023
- Aided with market expansion of medical necessity reviews at all levels of care upon removal of COVID auto-approvals to include discussions regarding authorization parameters with health plan CMO and utilization management leadership in 2025
- Participated in the interview process and provided onboarding expertise for new medical director hires

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July 2018- present

Owner/CEO/Psychiatrist and Psychoanalyst

- Provide evaluations for patients to determine diagnosis and participate in treatment planning
- Engage in medication management to include careful consideration of bio/psycho/social needs of each patient
- Engage in psychotherapy as appropriate with each patient to supplement medications or as stand alone treatment
- Provide referrals to higher levels of care (IOP, PHP, inpatient)
- Facilitate scheduling, billing/coding, maintain facilities and day to day necessities of the practice
- Successfully applied for and negotiated 20% increase in reimbursement rates from paneled insurance companies in 2021
- Provide review of records and attorney consultation regarding appropriateness of care matters

MMRO

January 2021-present

Healthcare Review Consultant

- Perform independent medical examinations



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Children and Teenager's Foundation

May 2021- January 2023

Medical Director Consultant

- Assist with quality improvement related to programs and services for this community based mental health provider
- Participate in interview and onboarding for Nurse Practitioner role for medication management
- Aid in compliance with CARF Accreditation
- Perform chart review to ensure compliance with requirements for prescribing practices based upon Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) standards

Brown and Brown Absence Services and University Disability Consortium

May 2020- March 2024

Disability Review Consultant

- Provide third party review of disability claims for various insurance companies
- Assess for severity of symptoms and determine if they warrant noted requested restrictions and limitations
- Thoroughly review medical records for consistency, discrepancy, diagnosis and explanation of symptoms and symptom severity
- Prepare written reports for each claim reviewed that includes synopsis, detailed review of records, medical analysis, and conclusions to questions regarding claim status
- Communicate with attending physicians for clarification of medical records, assessment of claimants to determine appropriate limitations and restrictions

Center for Black Women's Wellness

February 2019-April 2022

Supervising Psychiatrist

- Provide medication management services for low fee clinic patients on a volunteer basis
- Supervise Mental Health Nurse Practitioner via chart review and other services as needed

Ralph H. Johnson VAMC, Savannah CBOC

July 2017- January 2022

Staff Psychiatrist

- Provide diagnostic evaluations for patients to determine mental health diagnoses
- Successfully developed, expanded and sustained Suboxone and tele-Suboxone programs within Substance Use Disorder Intensive Outpatient Programming (IOP) via consult management
- Provide consultation to general mental health, primary care and other specialties regarding medication management of Veterans with substance use disorders
- Coordinate with nursing, laboratory, therapy staff and other medical specialties regarding clinical care and monitoring of veterans
- Establish relationships with non-VA methadone providers for referrals in the Savannah area
- Facilitated expansion of the Substance Use Program/IOP via participation in hiring of nursing, social work and peer support staff

University of Pittsburgh/Western Psychiatric Institute and Clinic

2015-2019

Psychiatrist, Moonlighting

- Provided Psychiatric services across various settings including: inpatient physical exams, ambulatory detox, intensive outpatient services, psychiatric emergency room, inpatient consult and liaison service, and outpatient tele-mental health.
- Reviewed records, obtained collateral information and collaborated with other services to provide effective care



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Education and Training

Undergraduate

2002-2006	Wake Forest University, Winston-Salem, North Carolina	Bachelor of Arts, 2006 Chemistry major, Sociology minor
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Graduate

2006-2008	Yale School of Public Health, New Haven, Connecticut	Master of Public Health, 2008 Concentration in Health Policy and Administration
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2008-2013	Medical University of South Carolina, Charleston, South Carolina	Doctor of Medicine, 2013 Medicine
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Postgraduate

2013-2017	Western Psychiatric Institute and Clinic (WPIC), University of Pittsburgh Medical Center (UPMC), Pittsburgh, Pennsylvania	Certificate, General Adult Psychiatry Residency, Program Director: Dr. Michael Travis
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2016- 2017	Center for Public Service Psychiatry, WPIC, University of Pittsburgh Department of Psychiatry, Pittsburgh, Pennsylvania	Community/Public Service Psychiatry Fellowship, Director: Dr. Wesley Sowers
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2018- present	Emory University Psychoanalytic Institute, Atlanta, Georgia	Candidate, Clinical Psychoanalytic Program
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Certification and Licensure

Medical Licensure and Certification

MD Licensure, Pennsylvania	2016
DEA Licensure, Practitioner; Buprenorphine Waiver (exp. 01-2028)	2016
MD Licensure, Georgia	2017
Certified, American Board of Psychiatry and Neurology	2017
MD Licensure, North Carolina, New Jersey, Illinois, Kentucky	2022
MD Licensure Nevada, California, Oregon	2025

Membership in Professional and Scientific Societies

American Psychiatric Association	2013- present
American Psychoanalytic Association, Candidate Member	2018-present
Diversities and Candidates' Council Paper Prize Committees, Chair (2020- 2022)	
Holmes Commission on Racial Equality (2020-2024)	
Program Committee Member (2024-2026)	
Black Psychoanalysts Speak	2023-present
Women Business Leaders of the US Health Care Industry Foundation (WBL)	2025



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Community Organizations and Activities

Alpha Kappa Alpha Sorority, Incorporated	2003-present
The Red Cross of Greater Atlanta, Board Member and Tiffany Circle Member	2023- present

Teaching

Course:	Group Skills Course
Description:	Lecture on types of groups and basic techniques for leading groups in the community
Dates:	November 2017
Frequency:	Once
Trainees:	Undergraduate Human Services Students
No. of Trainees:	Seven
Location:	St. Leo University, Savannah, Georgia
Course:	Assessment in Counseling (Adult/Child)
Description:	Review of commonly used assessments in counseling including rationale, administration and interpretation
Dates:	January 2020- December 2021
Frequency:	Weekly
Trainees:	Master of Counseling Students
No. of Trainees:	Twelve
Location:	Northwestern University, Online Campus
Course:	Psychodynamic Counseling
Description:	Introduce technical and theoretical skills for psychodynamic counseling
Dates:	January 2021- December 2021
Frequency:	Weekly
Trainees:	Master of Counseling Students
No. of Trainees:	Eight
Location:	Northwestern University, Online Campus
Course:	Primarily Klein
Description:	Read primary material from Melanie Klein's archives to study theory and technique
Dates:	January 2025- March 2025
Frequency:	Weekly
Trainees:	Advanced Psychoanalytic Studies Candidates
No. of Trainees:	Six
Location:	Emory University Psychoanalytic Institute, Atlanta, Georgia
Course:	Advanced Klein
Description:	Explore the work of Melanie Klein and Joan Riviere
Dates:	August 2025
Frequency:	Weekly
Trainees:	Advanced Psychoanalytic Studies Candidates
No. of Trainees:	Ten
Location:	Emory University Psychoanalytic Institute, Atlanta, Georgia



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Presentations

1. **Maree RD**, Hirschhorn J, Mohanty S, Fan H, Cook J, and Bhat NR. 2009. Sepsis Induced Neuro-inflammation. Oral Presentation, Medical University of South Carolina Student Research Day, Charleston, SC, USA.
2. Dalal J, **Maree RD**, Gonsalves W. 2010. CARES Clinic: A Service Learning Community-Academic Partnership. Poster Presentation, Society for Student Run Free Clinics Conference, Jacksonville, FL, USA.
3. **Maree RD**. September 2014. Substance Use Disorders and Older Adults – The Future. Oral Presentation, Journal Club Presentation, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA.
4. Valpey R, Hudak R, Ellison J, Gannon J, **Maree RD**, Condrion LB. 2015. Managing an Acute Decompensation in Outpatient: OCD, Psychosis, and Complex Psychosocial Dynamics. Oral Presentation, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA.
5. **Maree RD**, Karp JF, Kmiec JA, Wasan AD. June 2017. Substance Use Disorders and Treatment in Older Adults. Oral Presentation, Grand Rounds Presentation, Western Psychiatric Institute and Clinic, Pittsburgh, PA, USA.
6. **Maree RD**. January 2022. Clinical Case Conference. Oral Presentation, Emory University Psychoanalytic Institute, Atlanta, GA, USA.
7. **Maree RD**. January 2023. Substance Use Disorders and Intellectual Disabilities. Oral Presentation, Centene Corporation Behavioral Health Medical Director Presentation, St. Louis, MO, USA.
8. **Maree RD**. August 2023. Differentiating ASAM Levels of Residential Care. Oral Presentation, Centene Corporation Behavioral Health Medical Director Presentation, St. Louis, MO, USA.
9. **Maree RD**, Balsam R, Abramis M. February 2024. Two Day Clinical Workshop: Analytic Process and Technique. Oral Presentation, American Psychoanalytic Association National Meeting, New York, NY, USA.

Publications

1. Jordan AE, Malhotra S, **Maree RD**, Schenker Y, Arnold RM, Reynolds CF 3rd. Depression in Older Adults: A Palliative Medicine Perspective. *Harvard Review of Psychiatry*. 2015 September-October; 23 (5): 343-53.
2. **Maree RD**, Marcum Z, Saghafi E, Weiner DK, Karp JF. A systematic review of opioid and benzodiazepine misuse in older adults. *American Journal of Geriatric Psychiatry*. 2016 November; 24 (11): 949-963.
3. Buckalew N, **Maree RD**, Marcum Z, Weiner DK. *Pain and Addiction in Older Adults*. In: The American Society of Addiction Medicine Handbook on Pain. Edited by Robeck I, Pohl M, Weaver M, Weiner M, Malinoff H, Waller C, Haning W and Wilford BB. Oxford Press: Oxford, England. 2018.
4. **Maree RD**, Riccelli CA. *Substance-Related and Addictive Disorders*. In: Psychiatric Disorders Late in Life A Comprehensive Review. Edited by Tampi RR, Tampi DJ, Boyle LL. Springer International Publishing: Cham, Switzerland. 2018.
5. Gebara MA, Siripong N, DiNapoli EA, **Maree RD**, Germain A, Reynolds CF, Kasckow JW, Weiss PM, Karp JF. Effect of insomnia treatments on depression: A systematic review and meta-analysis. *Depression and Anxiety*. 2018 August; 35 (8): 717-731.
6. Davids, M. F., Dennis, E., Glover, W., González, F. J., Hamer, F. M., Javier, R. Art., Katz, M., Leary, K. R., **Maree, R. D.**, Méndez, T., Moskowitz, M., Moss, D., Tummala-Narra, P., Ueng-McHale, J., ... McNamara, S. (2024). In Pursuit of Racial Equality in American Psychoanalysis: Findings and



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Recommendations from the Holmes Commission. *Journal of the American Psychoanalytic Association*, 72(3), 407-552.