

Whitney Graff, PsyD, ABPP

Board-Certified Licensed Clinical Psychologist

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LICENSE AND CERTIFICATIONS

Clinical Psychologist, Illinois, 071.009200, 2015

Board Certified in Behavioral and Cognitive Psychology, ABPP, 2023

Veterans Affairs Medical Disability Evaluation (MDE) training and certifications: mental health, medical opinions, aggravation opinions, military sexual trauma, 2022

PSYPACT, Authority to Practice Telepsychology (APIT), 2020

EDUCATION

Psy.D. - Clinical Psychology The Chicago School of Professional Psychology, Chicago, IL, APA-accredited	August 2014
M.A. - Clinical Psychology The Chicago School of Professional Psychology, Chicago, IL	August 2011

CURRENT

Clinical Practice

DR WHITNEY GRAFF PLLC *d.b.a.* Graff Psychological Services, solo private practice, owner
Chicago, IL April 2022-present

- Psychological testing, adults
 - WAIS-IV, WAIS-5, WMS-IV, PAI, MCMI-IV, MMPI-3, Rorschach (R-PAS), DKEFS, BRIEF-A/BRIEF2A, RCFT, MOCA, differential diagnosis, intellectual, personality, attention and executive functioning, treatment non-response
- Psychotherapy, cognitive-behavioral therapy

Forensic

LEIDOS-QTC, contractor	2023-present
V.A. disability compensation & pension exams (DBQ), mental disorders, PTSD, eating disorders	
Psychological IME, worker's compensation, disability	2025-present

PAST WORK EXPERIENCE

MIDWEST COUNSELING & DIAGNOSTICS, Chicago, IL

Partner November 2020-April 2022

Psychological Testing Director May 2019-April 2022

Licensed Clinical Psychologist May 2017-April 2022

- Led team of testing psychologists, conducted psychological testing, intellectual/executive/personality assessment, adults, differential diagnosis and treatment recommendations
- Provided individual cognitive-behavioral therapy, adults, mood/anxiety/eating disorders

WILDFLOWER CENTER FOR EMOTIONAL HEALTH, Chicago, IL

Licensed Clinical Psychologist January 2016-May 2017

- Provided individual cognitive-behavioral therapy, adults, mood/anxiety/eating disorders. Provided psychoeducation groups, mindfulness-based, adults, anxiety disorders.

CALM MINDS LLC, Chicago, IL

Postdoctoral Fellow September 2014-January 2016

- Under supervision, provided individual cognitive-behavioral and mindfulness-based therapy, adults and adolescents, mood/anxiety/eating disorders. Provided supervised group therapy and psychoeducation, mindfulness-based, adults, anxiety disorders.

PREDOCTORAL TRAINING

LINDEN OAKS AT EDWARD-ELMHURST HOSPITAL, Naperville, IL, APPIC-accredited

Predoctoral Intern, Eating Disorders PHP/IOP August 2013-July 2014

- Served as a supervised clinical therapist for partial hospitalization and intensive outpatient eating disorder programs for adults and adolescents. Individual and group therapy, cognitive-behavioral and mindfulness-based therapy, family therapy, psychoeducation.

TURNING POINT BEHAVIORAL HEALTH, Skokie, IL

Doctoral Advanced Practicum August 2012-July 2013

- Community mental health, individual and family therapy: adults and adolescents, mood disorders, anxiety, psychosis, bipolar, personality disorders, ADHD
- Co-led Psychosocial Rehabilitation Program groups: adults, chronic severe mental illness
- Case management, intake assessment

TEEN PARENT CONNECTION, Glen Ellyn, IL

Doctoral Therapy Practicum August 2011-June 2012

- In-home individual and relationship therapy with teen parents. Psychoeducational outreach.

LAKESHORE HOSPITAL, Chicago, IL

Additional Doctoral Diagnostic Practicum January 2011-June 2011

- Co-led group therapy, Intensive Outpatient Program, dual diagnosis mental health and substance used disorders

SUPPORTIVE PSYCHOLOGICAL SERVICES, Chicago, IL

Doctoral Diagnostic Practicum

September 2010-June 2011

- Conducted supervised comprehensive psychological and neuropsychological testing: adults, dual diagnosis mental health and substance use disorders, HIV+, mood disorders, psychosis, personality disorders. WAIS-IV, WMS-III, Halstead-Reitan, MMPI-2, WCST.
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TEACHING AND PUBLIC SPEAKING

UNIVERSITY OF CHICAGO, Crown Family School of Social Work, Policy, and Practice

Lecturer, psychotherapy methods

2019-present

ADLER UNIVERSITY, Chicago, IL

Adjunct Instructor, Social Psychology

June 2016-July 2016

DEPRESSION AND ANXIETY SPECIALTY CLINIC, Chicago, IL

Didactic instructor, Acceptance and Commitment Therapy

2023, 2024

Select presentations

Graff, W. (2026 accepted) *When test data come alive: Integrating context, function, and observation in child assessment*. American Academy of Pediatric Neuropsychology Conference.

Graff, W. & Johnson, C.A. (2025) *What's emotion got to do with it? Critical thinking and emotional intelligence as tools for open inquiry*. Heterodox Academy Conference.

Graff, W. (2025) *Using behavior analysis to increase student engagement in the classroom*. Heterodox Academy Conference.

Graff, W. (2018) *Functional Analytic Psychotherapy: Increasing the potency of the therapeutic relationship*. Renfrew Center Foundation Conference.

PROFESSIONAL ACTIVITY

Board participation

Clinical Advisory Board, New Ocean Health Solutions

March 2021-present

Association of Contextual Behavioral Sciences (ACBS) Chicago Chapter

- Member-at-Large

2016-2017

- Conference Chair, ACBS Chicago Spring 2017 Conference