

Melissa Dawn Wilson-Sanborn, Psy.D.
Curriculum Vitae

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Licensed Psychologist: PSY29758

Education:

-The Chicago School of Professional Psychology (TCSPP), Los Angeles	Psy.D.	2015	Clinical Psychology
-The Chicago School of Professional Psychology (TCSPP), Los Angeles	M.A.	2012	Clinical Psychology
-New Mexico State University (NMSU), Las Cruces, NM	B.A.	2009	Psychology

Dissertation:

General Public and Military Population's Awareness of the Significance of Depression in Veterans

Primary Theoretical Orientation:

Cognitive-Behavioral Therapy (CBT)
Integrative
Holistic

Additional Theoretical Practices

Trauma-Focused CBT (TF-CBT)
Dialectical Behavioral Therapy (DBT)
Family Systems
Applied Behavioral Analysis (ABA)
Solution-Focused Therapy (SFT)
Narrative Therapy
Seeking Safety
Acceptance and Commitment Therapy

Publications:

Eli J. Mikkelsen, James K. Kroger, Doerte K. Spring, Melissa Wilson (New Mexico State University). Differences between the Detection of Shape Deviance and Color Deviance: An ERP Study., Proceedings of the Forty-Seventh Annual Meeting of the Society for Psychophysiological Research, Savannah, GA, October 17-21, 2007

Poster Presentations:

Eli J. Mikkelsen, James K. Kroger, Doerte K. Spring, Melissa Wilson (New Mexico State University). Differences between the Detection of Shape Deviance and Color Deviance: An ERP Study., Society for Psychophysiological Research, Forty-Seventh Annual Meeting, Savannah, GA, October 17-21, 2007

URCAS *The Undergraduate Research and Creative Arts Symposium*
NMSU

Spring 2008

URCAS *The Undergraduate Research and Creative Arts Symposium*
NMSU

Spring 2009

Professional Affiliations:

National Alliance on Mental Illness (NAMI)

MARC Program: Minority Access to Research Careers (Previously)

Positions Held:

Psych Solutions, Co-Founder Psychologist:
Stockton Superior Court

2024 - Present

Position: Court Alienist/Evaluator

Job Duties: Working in the field of forensic psychology, I applied and was accepted to work on a panel of psychologist for San Joaquin County/Stockton Superior Court. Through this position, I am appointed to complete 1368/1369 competency evaluations both through court appointment and through private referrals. I have provided expert testimony and have evaluated defendants as well as victims. These evaluations require thorough record review, assessment, diagnostic impression, etc.

Wellpath, South Placer County Jail:
Jail-Based Competency Program (JBCT)

2020 - Present

Position: Program Director/Psychologist

Job Duties: As the program director for the JBCT program, I was hired to create, build, structure, and manage a competency based program within a jail setting. Placer's JBCT is a regional program that was launched on September 15, 2020. My job duties consist of, but are not limited to, staffing, organizing program interventions/groups, competency evaluations, risk assessments, and coordinating with various courts and the Department of State Hospitals. Our team is comprised of multiple disciplines consisting of a two psychologists, a psychiatrist, a competency trainer, licensed clinician, officers and a Sergeant. This team provides group and individual services to inmate-patients who are currently incompetent to stand trial. This program functions to help reduce the amount of inmate-patients waiting in jail for placement within the Department of State Hospitals. Inmate-patients undergo 90 days of treatment targeting competency and behavioral health to assist them in returning to court sooner or transferring to a higher level of care. They participate in a minimum of four hours of treatment per day and are monitored by psychiatry for medication

management as needed. This particular program is a 15 patient, regional program – serving multiple counties in Northern California.

***Healthcare Staffing Professionals, Elk Grove:
Mentally Disordered Offender (MDO) Unit***

2020

Position: Psychologist/MDO Evaluator

Job Duties: This position requires the evaluation and assessment of inmate-patients who are nearing parole. Through face-to-face, telephone, or case review evaluations, inmate-patients with a violent crime, who have received mental health services are evaluated to determine mental status as well as stability, ability to function in the community, and level of risk. Information gathered via consult with treatment teams, chart review, and self-report of the inmate-patient is used to create a detailed report to assist with the recommendation of placement following incarceration. Reports are reviewed by the parole board in determining if an inmate-patient needs additional intensive treatment after their release.

***Healthcare Staffing Professionals, Stockton:
California Healthcare Facility Psychiatric Inpatient Program (CHCF – PIP)***

2019- 2020

Position: Psychologist

Job Duties: This position allowed me the opportunity to work with inmate-patients in a psychiatric inpatient setting within a prison. I was assigned to one intermediate level care unit and two different acute level of care units. I carried a caseload of 8 to 15 inmate-patients. My job duties included individual therapy, group therapy (group sizes 4 to 10 inmate-patients), interdisciplinary treatment team consultation, risk assessment, treatment planning, and advocating for inmate-patients. I met with each inmate-patient for individual services at least one time per week as well as facilitated groups. The interventions often used were: Seeking Safety, Dialectical Behavior Therapy, Cognitive Behavior Therapy, Acceptance and Commitment Therapy, Motivational Interviewing, Trauma-Focused Cognitive Behavioral Therapy, Anger Management, Emotion Regulation, and Substance Use Treatment.

***Philips Healthworks, Digital Cognitive Diagnostics:
Telehealth Experimentation***

2019 - 2019

Position: Psychologist/Researcher/Evaluator

Job Duties: This position was a temporary research position for Philips Healthcare Solutions. Along with neuropsychologists and clinical psychologist, Philips developed Intellispace Cognition which allows for clinicians to perform diagnostic evaluations via electronic device. I operated as the evaluating psychologist for the California area running clinical trials of the electronic testing device while comparing results to the paper test versions. I evaluated over 150 subjects for this study. Subjects were older adults who were randomly assigned to complete either the paper test, electronic test, or both. For each subject, I administered the following tests: MMSE – 2, RAVLT Learning Trials, RAVLT Interference, RAVLT Immediate Recall, Trail Making Test A, Trail Making Test B, O-Cancellation, Clock Drawing Test, Clock Copy, Star Cancellation, RAVLT Delayed Recall, RAVLT Recognition, ROCFT Copy, Letter Fluency, ROCFT Immediate Recall, Digit Span, Category Fluency, and the MOCA.

Kaiser Permanente Psychiatry, Sacramento:

2016 -2019

Intensive Outpatient Program

Position: Psychologist/Case Manager

Job Duties: I worked as a psychologist/Case Manager of the Intensive Outpatient Program (IOP). My responsibilities included patient intakes, risk assessment, case management, group therapy, individual therapy, and psychological testing. I also facilitated the IOP graduate group as aftercare for patients who completed IOP. More specifically, I facilitated approximately five groups per week, met with each patient individually, monitored risk/safety, and completed diagnostic evaluations. The program size was approximately 30 to 40 patients and my caseload varied from 8 to 15 in program, and 5 to 10 outside of program. The interventions often used were: Seeking Safety, Dialectical Behavior Therapy, Cognitive Behavior Therapy, Acceptance and Commitment Therapy, Trauma-Focused Cognitive Behavioral Therapy, Brief Therapy, Recreational Therapy, Anger Management, Emotion Regulation, and Substance Use Treatment.

***Sutter Center for Psychiatry/Sutter Medical Center:
Inpatient & Partial Hospitalization Program***

2015 - 2016

Position: Post-Doctoral Psychological Assistant

Job Duties: This post-doctoral fellowship is comprised of two rotations (Emergency Room Psychiatric Response Team and Partial Hospitalization Program). As a member of the psychiatric response team, my job duties consist of 5150 evaluations/re-evaluations, brief interventions, and individual therapy (ICU). At the Partial Hospitalization Program, I facilitate four to five groups a day with adult and adolescent populations. I was also responsible for assessment of those who are admitted and facilitate the Multi-Family Support Meeting bi-weekly. I was on-call four days per week for the Sutter Davis Emergency Department (5150 Evaluations). I provided 1-2 hours of supervision to the psychology doctoral interns per week. I was responsible for training on-coming interns as well. I was given the opportunity to develop and pilot an intensive outpatient therapy track which I independently facilitated.

***Sutter Center for Psychiatry:
Inpatient & Partial Hospitalization Program***

2014 - 2015

Position: Psychology Doctoral Intern

Job Duties: This particular internship is comprised of two rotations (inpatient and partial outpatient). At the Partial Hospitalization Program, I facilitated four to five groups per day with adult and adolescent populations. These groups are DBT based (Dialectical Behavioral Therapy) however, allow for the integration of CBT (Cognitive Behavioral Therapy) and Seeking Safety. I was also responsible for assessment of those who are admitted and have exposure to family therapeutic services. During the inpatient rotation I was responsible for administering various psychological tests (adult and adolescent populations), facilitating group therapy (Intensive Care Unit, Child and Adolescent Unit, and Adult Unit), and crisis intervention. Therapeutic interventions consist of Seeking Safety and Acceptance and Commitment Therapy (ACT). The populations that I worked closely with struggle from one or more of the following: traumatic brain injury, anxiety, depression, post-traumatic stress disorder, combat related post-traumatic stress disorder, psychosis, homicidal and suicidal ideation and intent, bipolar I and II disorder, various personality disorders, eating disorders, substance abuse, autism spectrum, etc.

Riverside County Department of Mental Health:

2013 - 2014

Recovery Learning Center

Position: Advanced Practicum Student

Job Duties: I developed, established and facilitated several adult group treatment programs. I assist Peer Support Specialists in both inpatient and outpatient settings. I participated in client Evaluation as well as provided individual therapy using various treatment approaches for the adult population. The treatment approaches were focused on a recovery model and practiced via Cognitive-Behavioral Therapy, Solution-Focused Therapy, Narrative Therapy, Equine Therapy, Systems, Dialectical-Behavior Therapy, as well as Trauma-Focused Cognitive Behavioral Therapy. Student goals were to obtain and maintain a caseload of 8 to 12, work closely with peers and staff for group therapy, facilitate group treatment at an offsite residential complex for those with acute behavioral health symptoms, undergo audio and live supervised intakes and treatment, as well as proficient DMH documentation. Multiple assessment batteries and testing for diagnostic purposes were completed in areas such as intellectual assessment, projective testing, behavioral functioning, and personality testing were completed. I was trained in adult crisis intervention. There were also opportunities for informal teaching covering areas such as intervention, diagnostics, and treatment approaches.

***Riverside County Department of Mental Health:
Family, Adolescent, and Children's Treatment***

2012- 2013

Position: Intermediate Practicum Student

Job Duties: The main therapy approaches utilized consisted of Cognitive Behavioral Therapy and Family Systems. This position allowed for multi-disciplinary team access. I assisted with Parent Child Interaction Therapy (PCIT) as well as co-facilitating social skills groups for children with severe behavioral health concerns. I was also responsible for developing, establishing and facilitating parent support groups, working closely with Parent Partners in a group setting, individual therapy, and family sessions. I was given the opportunity to complete multiple intakes for both child and adolescent populations. I provided career and academic counseling when appropriate. I received training in child crisis intervention and non-violent crisis intervention (certified). I received training on family therapy geared around children with eating disorders and provided grief counseling for children and families. I was provided extensive training on DMH documentation.

Ettie Lee Family Youth and Family Services:

2011- 2012

Position: Basic Practicum Student

Job Duties: I facilitated multiple Aggression Replacement Therapy and Seeking Safety groups for adolescent males in a group home setting. I provided individual and group therapy surrounding substance abuse, trauma, and acute behavioral health symptoms. I supplied treatment to families and adolescent males exhibiting symptoms of Schizophrenia, Conduct Disorder, Oppositional Defiant Disorder, Bipolar Disorder, Post Traumatic Stress Disorder, Generalized Anxiety Disorder, as well as multiple Learning Disorders. I received extensive training in a multi-disciplinary setting and worked with clients with legal complications and gang affiliation.

Pacific Child and Family Associates

2009 – 2011

Position: Therapist/ Senior Therapist

Job Duties: This program focused on children diagnosed with Autism Spectrum Disorder as

well as Asperger's. I received extensive training in ABA therapy and provided this therapy to children ranging from age 5 to 17. I was trained on and practiced the Picture Exchange Communication System (P.E.C.S.) with non-verbal clients as well as utilized basic sign language. I provided services that targeted teaching client's adaptive life skills and communication skills. I facilitated group meetings in order to teach social skills and appropriate communication to the families affected. I supplied training, family treatment as well as individual treatment.

Minority Access to Research Careers (MARC)

2007 - 2009

Position: Fellow/ Research Assistant

Job Duties: The main function of this program was to prepare for graduate studies and participate in psychological research. I developed and conducted multiple research experiments relating to neuropsychology, social psychology and auditory/visual perception. I receive extensive training on EEG, auditory equipment and was exposed to fMRI data. I was also responsible for training my peers on the set up, proper use, and sterilization of EEG equipment. I was trained on data analysis of each research apparatus used. In addition, I participated in university poster presentations that displayed my research findings and focused my senior thesis around my research experience.

-NMSU Department of Psychology

2008 - 2009

Auditory/ Visual Perception Laboratory, Dr. Justin MacDonald

Position: Lab Manager/ Research Assistant

Job Duties: I developed and conducted experiments targeting survival instinct and how this impacts auditory and visual perception. I developed a research experiment that I used in my senior thesis. I was given the opportunity to train students on laboratory equipment and experimentation procedure. I utilized E-prime and SPSS software and participated in data analysis.

-NMSU Department of Psychology

2008 - 2009

Social Psychology Laboratory, Dr. Ketelaar

Position: Research Assistant

Job Duties: I assisted with the development of experiments targeting social interactions and non-verbal cues. I conducted, gathered, and analyzed data via SPSS. I also assisted in experimental design and procedure in both individual and group settings.

-NMSU Department of Psychology

2007 - 2008

Mind and Brain Laboratory, Dr. Jim Kroger

Position: Research Assistant/ Equipment Trainer/Supervisor

Job Duties: I developed and conducted Electroencephalograph (EEG) experiments. I collected and analyzed data for multiple experiments via SPSS and Matlab. I received training on EEG equipment and experimental procedure. I was given the opportunity to train and teach research assistants on usage of the equipment and data analysis. I received extensive training on

brain function. I also received training on Galvanic Skin Response (GSR) equipment. I supervised E-prime experiments conducted by other research assistants. I presented experimental findings via local research conferences.

*-University of Denver: Department of Psychology
Emotion Regulation Laboratory, Dr. Iris Mauss*

Summer 2008

Position: Research Assistant

Job Duties: During this undergraduate summer internship, I aided graduate students in developing and analyzing various studies focused on emotion regulation and stress. I participated in stress tests and the development of the experimentation setting. I collected data via SPSS and worked closely with graduate students on building various experimental designs.

History of Clinical Experience:

Child/Adolescent and Developmental Disorders

- ADHD
- Autistic Disorder
- Asperger's Disorder
- Conduct Disorder
- Learning Disorders
- Mental Retardation
- Oppositional Defiant Disorder

Substance-Related Disorders

- Substance Dependence
- Substance Abuse
- Alcohol Abuse
- Cannabis Abuse

Schizophrenia and Other Psychotic Disorder

- Schizophrenia
- Schizoaffective Disorder
- Delusional Disorder

Mood Disorders:

- Major Depressive Disorder
- Bipolar I and II

Anxiety Disorders

- Panic Disorder without Agoraphobia
- Posttraumatic Stress Disorder
- Generalized Anxiety Disorder
- Obsessive Compulsive Disorder

Eating Disorders

- Anorexia Nervosa
- Bulimia

Personality Disorders

- Borderline Personality Disorder
- Histrionic Personality Disorder
- Obsessive Compulsive Personality Disorders
- Antisocial Personality Disorder

Additional Experience:

- Traumatic Brain Injury

Intervention Experience:

-Individual and Group Therapy and Intervention: (Child/ Adolescent/Adult/Older Adult)

- Aggression Replacement Therapy
- Social Skills
- Parent Support
- Stress Reduction
- Seeking Safety
- Acceptance and Commitment Therapy
- Dialectical Behavioral Therapy
- Cognitive Behavioral Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Parent Child Interaction Therapy
- Brief Therapy

- Crisis Intervention
- Narrative Therapy
- Solution Focused Therapy
- Grief Counseling
- Motivational Interviewing
- Family Therapy and Intervention**
 - Family Systems
 - Applied Behavior Analysis
- Substance Abuse Treatment and Intervention** (Adolescent/Adult Population)
 - Seeking Safety
 - Aggression Replacement Therapy

Psychological Testing/Assessment Training and Interviewing

- | | |
|-------------------------------|------------------------|
| -MMPI-2/MMPI-A | -MMSE-2 |
| -WAIS-IV | -TONI-3 |
| -D-KEFS | -Projective Assessment |
| -WISC-IV | -GARS-2 |
| -ADI-R | -PAI |
| -Rorschach | -WASI |
| -ADHD Rating Scale | -MACI |
| -Beck Depression Inventory-II | -MOCA |
| -Beck Anxiety Inventory | -BASC-2 |
| -BRIEF | -SASSI |
| -ECST-R | -Connors |
| -Trail Making | |

Skills/ Other Training:

- | | |
|---|--|
| -EEG Analysis:
Recordings of the electrical fields of the human brain. | -E-prime Software:
Computerized Behavioral experimentation software package |
| -fMRI Analysis:
Functional Magnetic Resonance Imaging of neural activity | -Proficient in Microsoft Software |
| -Computerized Data Analysis Programs: SPSS & Matlab | |

Volunteer Experience:

Big Brothers Big Sisters

2006 – 2010:

I organized and participated in activities with little sister match and other members of the program. I facilitated recreational activities, academic activities (tutoring if needed), etc.

Youth Development Inc. (YDI)

2002-2004:

I received training focused on preschool aged children struggling with anger management, Autism Spectrum Disorder, ADHD, and various Learning Disorders. I participated in each

child's daily routine, co-facilitated outings, utilized the PECS program, and provided coping strategies and methods.

UNM Carrie Tingley Hospital

2002-2003

I sterilized materials and supported children and families.