

## **ALEXANDER E. OBOLSKY, M.D.**

**Board Certified in General, Addiction, and Forensic Psychiatry  
Distinguished Fellow of the American Psychiatric Association**

### EXPERIENCE

- 1996 – Present **Alexander E. Obolsky MD, PC** Chicago, IL  
**Psychopharmacologist & Psychotherapist**  
Clinical Mental Health Practice Specializing in:  
\*Posttraumatic stress disorder (PTSD)  
\*Mild traumatic brain injury (TBI)  
\*Both emotional and physical trauma  
\*Diagnosis of various psychiatric disorders (i.e. Bipolar, MDD)  
\*Diagnosis of various neurobehavioral disorders (i.e. OCD, ADHD)
- 1999 – Present **ILLUMENTAL Consulting and Testifying Experts, Inc.** Chicago, IL  
**f/k/a Health & Law Resource, Inc.**  
**Forensic Psychiatrist**  
Multidisciplinary Forensic Psychiatric Firm Specializing in:  
\*Medical Causation  
\*Catastrophic Injuries  
\*Posttraumatic Disorders  
\*Traumatic Brain Injury  
\*Independent Medical Evaluations  
\*Psychological and Neuropsychological Testing  
\*Personal Injury Litigation  
\*Complex Workers' Compensation Claims  
\*Occupational Fitness for Duty  
\*Malingering  
\*Wills and Testamentary Capacity  
\*Medical Malpractice
- 1998– 2001 **Elgin Mental Health Center** Elgin, IL  
**Inpatient Forensic Treatment Program**  
**Assistant Medical Director**  
Multidisciplinary treatment for NGRI and UST patients with:  
\*Severe psychotic, mood, neurocognitive and personality disorders  
\*Clinical forensic diagnostic consultations  
\*Forensic risk (dangerousness) assessments  
\*Pain treatment (opioid use) assessments  
\*Malingering assessment  
\*Inpatient staff administration and supervision

1998 – 1999	<p><b>The Pain &amp; Rehabilitation Clinic of Chicago</b>  <b>Director, Psychiatric Services</b>                  Multidisciplinary clinical group practice focused on                  *Physical and neurological injuries                  *Chronic pain                  *Emotional consequences of physical injuries                  *Emotional consequences of chronic disorders                  *Malingering assessment                  *Corporate and legal psychiatric evaluations</p>	Chicago, IL
1995 – 1998	<p><b>Department of Psychiatry and Behavioral Sciences</b>  <b>Northwestern University Feinberg School of Medicine</b>  <b>Director, Division of Forensic Psychiatry</b>                  Multidisciplinary Supervision in the areas of :                  *Forensic psychiatry                  *Neuro psychiatry                  *Forensic psychology                  *Neuro psychology</p>	Chicago, IL
1993 – 1998	<p><b>Northwestern Medical Faculty Foundation, Inc.</b>  <b>Director, Psychiatry and Law Program</b>  <b>Staff Psychiatrist</b>                  Multidisciplinary mental health group practice focused on:                  *Thought disorders                  *Mood disorders                  *Anxiety disorders                  *Trauma disorders                  *Neuropsychiatric/Neurodevelopmental disorders                  *Somatoform Disorders                  *Alcoholism and substance use disorders                  *Impulse control disorders                  *Personality disorders</p>	Chicago, IL
1993 – 1998	<p><b>Northwestern Medical Faculty Foundation, Inc.</b>  <b>Co-Director, Professionals at Risk Program</b>                  Evaluation and treatment of professionals with:                  *Sexual disorders                  *Paraphilic disorders                  *Impulse control disorders</p>	Chicago, IL

- 1995 – 1997                      **Occupational Behavioral Health Day Treatment Centers**    Westmont, IL  
**Regional Associate Medical Director**  
 Short-term partial hospitalization treatment focused on trauma-related mental disorders and work impairments
- 1994 – 1996                      **Department of Psychiatry and Behavioral Sciences**                      Chicago, IL  
**Northwestern University Feinberg School of Medicine**  
**Director, Program for the Study of Organizational Behavior**  
 \*Corporate behavioral consulting  
 \*Employee crisis debriefing  
 \*Fitness for duty evaluations  
 \*Psychiatric risk assessments
- 1994 – 1995                      **Occupational Behavioral Health Day Treatment Centers**    Westmont, IL  
**Associate Medical Director**  
 Short-term partial hospitalization treatment focused on trauma-related mental disorders and work impairments
- 1990 – 1995                      **State of Illinois, Department of Corrections**                                      Warrenville  
**Juvenile Division: Illinois Youth Center at Warrenville**  
**Multidisciplinary treatment for incarcerated adolescents**  
 \*Psychotic disorders  
 \*Mood disorders  
 \*Impulse-control and conduct disorders  
 \*Neurocognitive disorders  
 \*Personality disorders  
 \*Childhood physical and sexual abuse  
 \*Childhood neglect

**PROFESSIONAL BOARDS**

- |                |                |  |
|----------------|----------------|--|
| 1997 – Present | Diplomate      | American Board of Psychiatry and Neurology<br><b>General Psychiatry</b> - Certificate No. 38348  |
| 1994 – Present | Diplomate      | American Board of Psychiatry and Neurology<br><b>Forensic Psychiatry</b> - Certificate No. 178   |
| 1993 – Present | Diplomate      | American Board of Psychiatry and Neurology<br><b>Addiction Psychiatry</b> - Certificate No. 1233 |
| 1994 – 1998    | Board Examiner | American Board of Psychiatry and Neurology<br><b>Psychiatry</b>                                  |

**LICENSURE**

<b>Illinois</b>	License of Physician and Surgeon	#036-081074
<b>Indiana</b>	Licensure of Physician	#01092221A
<b>Nevada</b>	License of Physician	#17875
<b>Wisconsin</b>	License of Medicine and Surgery	#69111-20

**HOSPITAL PRIVILEGES**

1993 – Present	Chicago, IL	<b>Northwestern Memorial Hospital</b>
1998 – Present	Chicago, IL	<b>Shirley Ryan Ability Lab f/k/a/ The Rehabilitation Center</b>
2010 – 2020	Chicago, IL	<b>NorthShore University Health System Hospitals</b>
1998 – 2001	Elgin, IL	<b>Elgin Mental Health Center</b>

**EDUCATION**

1992 – 1993	<b>Forensic Psychiatry Fellowship</b>	Loyola University Medical Center	Maywood, IL
1988 – 1992	<b>General Psychiatry Residency</b>	Northwestern University Feinberg School of Medicine Northwestern Memorial Hospital	Chicago, IL
1984 – 1988	<b>Doctor of Medicine</b>	Northwestern University Feinberg School of Medicine	Chicago, IL
1980 – 1984	<b>Bachelor of Science</b>	Northwestern University	Evanston, IL

**ACADEMIC APPOINTMENTS**

2003 – Present	<b>Assistant Professor</b>	Psychiatry & Behavioral Sciences Dept Northwestern University Feinberg School of Medicine	Chicago, IL
1997 - 1998	<b>Adjunct Professor</b>	DePaul University College of Law	Chicago, IL
1994 - 2006	<b>Adjunct Professor</b>	Northwestern University School of Law	Chicago, IL
1993 - 2003	<b>Instructor</b>	Psychiatry & Behavioral Sciences Dept Northwestern University Feinberg School of Medicine	Chicago, IL

**TEACHING AND SUPERVISION**

2015 – Present	<b>The Conundrum of Malingering</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminars for First and Second Year Medical Students
2014 – 2015	<b>Mass Murder</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminars for First and Second Year Medical Students
2013	<b>Psychiatric Nosology-Epistemology: Definition of Reasonable Degree of Certainty</b> Department of Psychiatry Northwestern University Feinberg School of Medicine	Forensic Psychiatry Fellowship
2012 – 2014	<b>Tales from the Forensic Couch</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminars for First and Second Year Medical Students
2008 – 2010	<b>From Within the Whirlwind</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminars for First and Second Year Medical Students
2001 – 2007	<b>Physician in Court: Medical Expertise in a Legal Setting</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminar for Second Year Medical Students
2001 – 2007	<b>Psychiatric Dimensions of Medical Practice</b> Department of Medical Humanities and Bioethics Northwestern University Feinberg School of Medicine	Seminar for First Year Medical Students
1994 – 2004	<b>Mental Health Law</b> Northwestern University School of Law	Semester Course for 2L or 3L Students

## PRESENTATIONS

- 7/5/19 **Careers in Forensic Psychiatry and Psychology**  
The Chicago School of Professional Psychology
- 5/22/19 **PTSD Claims from First Responders**  
CLM Workers' Compensation Conference
- 5/9/19 **Navigating mTBI Cases in the WC Environment**  
Annual Workers' Compensation Seminar  
Pollart Miller LLC
- 1/8/18 **Head Injury and Bewilderment: Bringing Clarity to Confusion in Cases of Head Injury, mild Traumatic Brain Injury (mTBI), and Postconcussive Syndrome (PCS)**  
Illinois Risk Management Services, Illinois Hospital Association
- 7/14/17 **Decision-Making among the Mentally Disordered**  
35<sup>th</sup> International Congress on Law & Mental Health  
International Academy of Law and Mental Health
- 7/14/17 **Bias in Forensic Mental Health Evaluations**  
35<sup>th</sup> International Congress on Law & Mental Health  
International Academy of Law and Mental Health
- 3/8/17 **Use of Psychological Testing in Employment Litigation**  
Lake County Bar Association Employment Law Committee
- 11/7/16 **PTSD & Workplace Violence**  
CorVel
- 9/26/16 **Psychiatric Consequences of Workplace Violence**  
ESIS
- 9/6/16 **Mock Trial: Financial Capacity**  
3<sup>rd</sup> International Conference on Capacity  
International Psychogeriatric Association
- 10/23/14 **Mock Trial**  
**Malpractice Suicide Risk Assessment**  
45<sup>th</sup> Annual Meeting  
American Academy of Psychiatry and the Law
- 5/15/14 **Demoralization in Medical and Surgical Patients**  
Northwestern Healthcare Corporation
- 3/15/14 **Mild Traumatic Brain Injury (mTBI) and Occupational Functioning**  
90th Annual Spring Seminar Central States  
Occupational and Environmental Medicine Association
- 3/14/13 **Psychiatric Aspects of Chronic Regional Pain Syndrome (CRPS)**  
Northwestern HealthCare Corporation
- 4/19/12 **Anatomy of a Forensic Psychiatric IME**  
19<sup>th</sup> Annual Conference  
Case Manager Society of America

- 2/21/12     **How Forensic Psychiatry is Utilized in Case Management**  
Woodlake Medical
- 8/4/11     **“Why Me?” - Grief in Patients after Loss of Functioning**  
Northwestern Healthcare Corporation
- 4/28/11    **Psychiatric Conditions Following Trauma**  
The Ark Community Mental Health Center
- 3/25/11    **Psychiatric Morbidity Following Electrical Injury**  
29<sup>th</sup> Annual Symposium  
American College of Forensic Psychiatry
- 4/16/10    **Forensic Psychiatric Evaluation in Cases of Traumatic Chronic Pain Conditions**  
28<sup>th</sup> Annual Symposium American College of Forensic Psychiatry

**VOLUNTEER ACTIVITIES**

- 1992 – Present     **Medical Ethics and Humanities Program**  
Northwestern University Feinberg School of Medicine  
Volunteer Faculty
- 2011 – 2017     **The Ark**, Not-for-profit, community-funded health agency  
Volunteer Psychiatrist
- 2001 – 2012     **American Red Cross**  
Disaster Aftermath Mental Health Outreach Program  
Volunteer Psychiatrist
- 2001 – 2011     **Illinois Department of Health and Human Services**  
Community Health Clinic Supervision  
Rapid Response Team Supervision  
Volunteer Psychiatrist

**HONORS**

- 2003 – 2024: **Distinguished Fellow** awarded by American Psychiatric Association
- 2016 – 2018: **Nominee for Outstanding Professor** by Northwestern University Feinberg School of Medicine
- 2002 – 2016: List of **America’s Top Psychiatrists** by Consumers’ Research Council of America
- 1996 – 2016: List of **Best Doctors in America** by Best Doctors, Inc.
- 2012 – 2013: List of **Top Doctors** by Chicago Magazine
- 2012: Joost Award Nominee for **Outstanding Professor** by Northwestern University Feinberg School of Medicine

1997: List of **Five Hundred Best Physicians** in Chicago by Chicago Magazine

1992 – 1993: **Resident Fellowship** awarded by American Psychoanalytic Association

1992 – 1993: **Fellowship in Academic Psychiatry** awarded by AAP/Mead Johnson

1984 – 1988: **Academic Fellowship** awarded by Forest Hospital

1982 – 1984: **Research Fellowship** awarded by Evanston Hospital

**PROFESSIONAL SOCEITIES**

<b>Professional Societies</b>	<b><u>Member</u></b>	<b>Served As</b>	<b><u>During</u></b>
American Academy of Psychiatry and the Law (Midwest Chapter)	1991	<b>Trauma &amp; Stress Committee</b>	2008-2011
		<b>Chairman, Fellowship Committee</b>	1999-2001
		<b>Planning Committee</b>	1995 – 1998
		<b>CME Coordinator</b>	1995 – 1998
		<b>President</b>	1994 – 1995
American College of Forensic Psychiatry	2010	<b>Advisory Board Member</b>	2010-2011
American College of Occupational and Environmental Medicine	2003	<b>Mental Health Committee</b>	2003 - 2007
Association of Occupational and Organizational Psychiatry	1997	<b>Liaison Committee</b>	1997 – 1998
Association for Academic Psychiatry	1997	<b>Planning Committee</b>	1997 – 1998
Illinois Psychiatric Society	1988	<b>Chairman, Private Practice Committee</b>	2007-2010
		<b>Counselor</b>	2007-2010
		<b>Legislative Review Team</b>	2001-2005
		<b>Public Affairs Committee</b>	2000-2007
		<b>Counselor</b>	1995 – 1998
		<b>Government Relations Committee</b>	1991 – 1996
Chicago Society for Adolescent Psychiatry	1993	<b>Counselor</b>	1993 – 1995
American Academy of Forensic Sciences	2005		
American Neuropsychiatric Association	2000		
American Psychiatric Association	1988		

## PUBLICATIONS

Lansing, A. E., Lyons, J. S., Martens, L. C., O'Mahoney, M. T., Miller, S. I., & Obolsky, A. (1997, March). The treatment of dangerous patients in managed care: Psychiatric hospital utilization and outcome. *General Hospital Psychiatry, 19*(2), 112–118.

Obolsky, A. (1992, November 20). Conversations in psychiatry. *APA Psychiatric News, 27*(22), 14.

Obolsky, A. (1992, November). *Testifying in court: Guidelines and maxims*, by S. L. Brodsky [Review book]. *The Loyola Psychiatric Forum, 5*(1), 19.

Obolsky, A. (1994). *Treating the homeless mentally ill*, edited by H. R. Lamb, L. L. Bachrach, & F. I. Kass [Review of the book]. *Bulletin of the American Academy of Psychiatry and the Law, 22*(2), 301.

Obolsky, A. (1995). *Dissociation: Clinical and theoretical perspectives*, edited by S. J. Lynn & J. W. Rhue [Review of the book]. *Doody's Health Science Book Review Annual, 1994–1995*.

Obolsky, A. (1996). *Hypnosis, memory, and behavior in criminal investigations*, by K. M. McConkey & P. W. Sheehan [Review of the book]. *Doody's Health Science Book Review Journal, 4*(1).

Obolsky, A. (1996). *Serial killers: The insatiable passion*, by D. Lester [Review of the book]. *Doody's Health Science Book Review Journal, 4*(1).

Obolsky, A., & Miller, I. S. (1998). Addiction psychiatry and the law [Article]. R. J. Francis & S. I. Miller (Eds.), *Clinical textbook of addictive disorders* (2nd edition) Guilford Press.

Obolsky, A. (2002). *Psychological responses to disaster* [Paper presentation]. 28th International Congress on Law and Mental Health, Amsterdam, The Netherlands.

Obolsky, A. (2004, May). Homicide due to a sudden intense passion. *Psychiatric Times, 21*(5), 31–32.

Obolsky, A. (2007). *Forensic evaluation of memory complaints after mild traumatic brain injury* [Paper presentation]. X30th International Congress on Law and Mental Health, Padua, Italy.

Obolsky, A. (2009). *Long term psychiatric conditions following traumatic physical injury* [Paper presentation]. 31st International Congress on Law and Mental Health, New York, NY.

Obolsky, A. (2013). *Review of the current state of knowledge of comorbid mild traumatic brain injury and PTSD in NATO military personnel who served in Iraq and Afghanistan* [Paper presentation]. 33rd International Congress on Law and Mental Health, Amsterdam, The Netherlands.

Obolsky, A., & Cockrell, M. L. (1999). *Psychiatric employability evaluation* [Paper presentation]. 24th International Congress on Law and Mental Health, Toronto, Ontario, Canada.