

VIKAS GUPTA, MD, MPH, FAPA, DABOM

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EDUCATION

- 2017-2019 *Fellowship*
Child and Adolescent Psychiatry
Vidant Medical Center – East Carolina University
Brody School of Medicine
Greenville, NC
- 2014-2017 *Residency*
Psychiatry
University of Wisconsin Hospitals and Clinics
Madison, WI
- 2010 *Graduate School*
Master of Public Health (MPH) with concentration in Health Services Organization
University of Texas, Houston, School of Public Health, TX
- 2001 *Medical School*
Government Medical College
Amritsar, Punjab, India

HONORS, NOMINATIONS & AWARDS

- 05/2025 Winner, Mind Games Masters, a psychiatry knowledge competition for practicing psychiatrists at the American Psychiatric Association Annual Meeting 2025, Los Angeles
- 01/2024 Top 10 reviewer 2023, Psychiatric Annals
- 01/2021 Fellow of the American Psychiatric Association (FAPA)
- 02/2019 American Association of Directors of Psychiatric Residency Training Nyapati Rao and Francis Lu International Medical Graduate (IMG) Fellowship
- 01/2019 Lisa Miller Award, Division of Child and Adolescent Psychiatry, East Carolina University
- 10/2017-07/2019 CHILD PRITE Fellow, The American College of Psychiatrists
- 02/2018-05/2018 Team Captain, East Carolina University (ECU)-Vidant Medical Center (VMC) Psychiatry Residency team which was ranked First in the 'Mind Games' preliminary competition and was a finalist at the American Psychiatric Association 2018 Mind Games Competition

10/2018	American Academy of Child and Adolescent Psychiatry Educational Outreach Program award for Child and Adolescent Psychiatry Residents
2011	Travel Scholarship to the Rx for survival conference, Washington DC, Physicians for Social Responsibility (PSR)
2010	Travel Scholarship to the National Leadership Summit, Washington DC, Physicians for Social Responsibility (PSR)
2008	University of Texas School of Public Health, Houston - Susan Sampson Scholarship
2006	Harvard School of Public Health- Partial Tuition Scholarship

LICENSURES AND CERTIFICATIONS

2025- Current	Florida Telehealth License
2024- Current	New York Medical License
2024- Current	California Physician and Surgeon License
2022- Current	Massachusetts Physician License
2019- Current	South Carolina Physician License
2016- Current	Wisconsin Physician and Surgeon License
2023- Current	Obesity Medicine Certification, American Board of Obesity Medicine
2023- Current	Community and Public Psychiatry Certification, American Association of Community Psychiatrists (AACP)
2021- Current	Child and Adolescent Psychiatry Certification, American Board of Psychiatry and Neurology (ABPN)
2019- Current	Psychiatry Certification, American Board of Psychiatry and Neurology (ABPN)
2016- Current	Clozapine REMS certification
2013	ECFMG Certified

WORK & RESEARCH EXPERIENCE

04/2025- Current	Psychiatrist, Eating Disorder Treatment Center in New York
04/2025- Current	Child, & Adolescent Psychiatrist, New York City Children's Center

04/2025- Current Psychiatrist/Designated Examiner, Rebound Behavioral Health, Lancaster, SC

1/2025- Current Founder & CEO, Wellness Psychiatry of California, Los Angeles

10/2024- Current Founder & CEO, Wellness Psychiatry, NY

1/2024- 10/2024 Founder & CEO, Holistic Wellness MD, Newton Upper Falls, MA

11/2023-08/2024 Sabbatical

11/2022- 11/2023 Adult, Adolescent and Child Psychiatrist, Massachusetts General Hospital, Boston, MA

05/2023- 11/2023 Instructor-Part time, Harvard Medical School, Boston, MA

11/2022-05/2023 Instructor Full time, Harvard Medical School, Boston, MA

03/2022- 11/2022 Senior Psychiatrist, CAMHC, South Carolina Department of Mental Health

11/2019- 03/2022 Psychiatrist, CAMHC, South Carolina Department of Mental Health

11/2017-10/ 2019 Fellowship in Child and Adolescent Psychiatry, ECU-VMC, Greenville, NC

06/2014- 10/2017 Psychiatry Residency, University of Wisconsin Hospitals and Clinics, Madison, WI

08/2013- 05/2014 Adjunct Professor, Anatomy and Physiology, Houston Community College, Houston, TX

03/2011- 01/2012 Research Collaborator, University of Texas, School of Public Health, Houston, TX

01/2010- 05/2010 Teaching Assistant, Pathology & Public Health, UT School of Public Health, Houston,

02/2009 –01/2010 Graduate Research Assistant, MD Anderson Cancer Center, Houston, TX

12/2008- 01/2009 Graduate Assistant, School of Public Health, University of Texas, Houston, TX

08/2007 – 01/2008 Graduate Assistant, School of Public Health, University of Texas, Houston, TX

09/2003 – 07/2006 Medical Officer, Mahajan Clinic, Amritsar, India

07/2003 – 08/2003 Junior Resident, Government Medical College, Chandigarh, India

01/2001 – 06/2003 Medical Officer, Mahajan Clinic, Amritsar, India

ACADEMIC ACTIVITIES

2019 Coach- University of Arizona Psychiatry Residency Team which was runners up in the APA Mind Games Competition

Prepared a study guide and four Jeopardy-style Mind Games sessions

- 2019 Team Captain, East Carolina University (ECU)-Vidant Medical Center (VMC) Psychiatry Residency team in the APA 'Mind Games' preliminary competition
- 2019 Comparative efficacy and tolerability of medications for attention-deficit hyperactivity disorder in children, adolescents, and adults: a systematic review and network meta-analysis, Journal Club presentation, ECU-VMC CAP Fellowship
- 2018 Sleep in Autism Spectrum Disorder and ADHD, Journal Club presentation, ECU-VMC CAP Fellowship
- 2018 Efficacy and Safety of Lurasidone in Children and Adolescents with Bipolar I Depression: A Double-Blind, Placebo-Controlled Study, Journal Club presentation, ECU-VMC CAP Fellowship
- 2018 Impact of Early Intervention on Psychopathology, Crime, and Well-Being at Age 25, Journal Club presentation, ECU-VMC CAP Fellowship
- 2017 Metabolomics and Treatment Refractory Depression, Journal Club presentation, UW Madison Psychiatry Residency
- 2016 First Break Psychosis, Senior Resident Facilitator, Morning Report, UW Madison Psychiatry Residency
- 2016 Child Psychiatric Emergencies; Updates on Trends, Clinical Care, and Practice, Challenges, CAP Journal Club Presentation, UW Madison Psychiatry Residency
- 2016 Gut-Brain Connection – Did you have your yogurt today? Journal Club Presentation, UW Madison Psychiatry Residency
- 2016 First Break Psychosis, Senior Resident Facilitator, Morning Report, UW Madison Psychiatry Residency
- 2015 Coach, UW Madison Mind Games team
- 2015 The Neuroscience of empathy: progress, pitfalls and promise, Journal article Presentation, UW Madison Psychiatry Residency
- 2013 Coach- University of Texas, Houston Psychiatry Residency Program which won the APA National Mind Games Competition

Prepared a study guide and three Jeopardy-style Mind Games sessions

- 2012 Coach- University of Texas, Houston Psychiatry Residency Program which won the APA National Mind Games Competition

Prepared a study guide and two Jeopardy-style Mind Games sessions

2009- 2014 Texas Regional Psychiatry Psychology Minority Mentor Network, Menninger
Department of Psychiatry, Baylor College of Medicine, Houston

TEACHING ACTIVITIES

- 2019 Behavioral Health Lunch and Learn series, Vidant Medical Center
Effects of childhood trauma on development and how to work with trauma-affected children in the Emergency Room
- 2019 Seminar on Suicide-Pediatrics Residency Didactics, ECU-VMC Pediatrics Residency
- 2019 PGY2 Psychopathology Course, (2 seminars), ECU-VMC Psychiatry Residency
Psychiatric Interviewing
Attention Deficit Hyperactivity Disorder
- 2019 PGY4 Board Review Series Course Leader (3 seminars), ECU-VMC Psychiatry Residency
Psychopharmacology
Psychopathology
Psychosomatic Medicine
- 2018-19 PGY4 Board Review Series Course Leader (7 seminars), ECU-VMC Psychiatry Residency
Psychopathology
Psychopharmacology
Psychotherapy
Psychosomatic medicine
Addiction Psychiatry
Forensic Psychiatry
Geriatric Psychiatry
- 2018 PGY2 Psychopathology Course Co-Leader (6 seminars), ECU-VMC Psychiatry Residency
Bipolar and Psychotic disorders
Anxiety disorders and School refusal
Trauma disorders
Autistic spectrum and other Neurodevelopmental disorders
Tic disorders and sleep disorders
Substance use disorders
- 2018 PGY2 Growth and Development Course Co-Leader (5 seminars), ECU-VMC Psychiatry Residency
Growth and Development-Introduction
Freud, Erikson, Piaget; Moral Development
Infant, Toddler, Preschool
Adolescence

Sexual Development

- 2018 Summer Review Series- ECU-VMC Psychiatry Residency, Co-Leader
Child and Adolescent Psychiatry Review
- 2018 M2 (second year medical students) Behavioral Science-Brody school of medicine
Anxiety and Mood disorders in Children
- 2018 Behavioral Health Lunch and Learn series, Vidant Medical Center
Autism & Developmental Disorders: Treatment options and Managing Behaviors
- 2017 University of Wisconsin, School of Physical Therapy
Depression
- 2017 University of Wisconsin, Madison
Medical Student-2nd year Interviewing Course
- 2013-2014 Adjunct Professor, Houston Community College
Anatomy and Physiology II (HCC Southwest) – 4 credit hours
Anatomy and Physiology II (HCC Southwest) – 4 credit hours
Anatomy and Physiology II (HCC West Loop) –4 credit hours
- 2010 Teaching Assistant, University of Texas, School of Public Health, Houston
Pathology and Public Health- 3 credit hours

PUBLICATIONS

- 2021 **Gupta V**, Williams E, Wadhwa R. 2021. Multiple-Choice Tests: A–Z in Best Writing Practices. *Psychiatric Clinics Of North America*, 44(2), 249-261. PubMed PMID: 34049647.
- 2021 Majumder P, Balan S, **Gupta V**, Wadhwa R, Perera TD. The Safety and Efficacy of Repetitive Transcranial Magnetic Stimulation in the Treatment of Major Depression Among Children and Adolescents: A Systematic Review. *Cureus*. 2021 Apr 19;13(4): e14564. Pubmed PMID: 34026380.
- 2021 Shah F, **Gupta V**. Klein Levin syndrome. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33760515.
- 2021 Pippin MM, **Gupta V**. Pick disease. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32965897.
- 2021 Algorani E, **Gupta V**. Coping Mechanisms. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32644457.

- 2021 Wang D, **Gupta V**. Crisis Intervention. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32644507.
- 2021 Sharma N, **Gupta V**. Therapeutic communication. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32644507.
- 2021 Ng T, **Gupta V**. Tetrahydrocannabinol. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33085321.
- 2021 Naqvi Y, **Gupta V**. Functional Voice Disorders. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33085329.
- 2021 Sharma N, **Gupta V**. Human Behavior In A Social Environment. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID:
- 2021 Nguyen H, **Gupta V**. Alpha-Lipoic Acid. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33231971.
- 2021 Sekhon, D, **Gupta V**. Hyperkalemic Periodic Paralysis. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33231989.
- 2021 Majeed H, **Gupta V**. Adverse Effects Of Radiation Therapy. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 33085406.
- 2021 Agarwal R, **Gupta V**. NMDA receptor encephalitis in children. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32965889.
- 2021 Afrin S, **Gupta V**. Pharmaceutical Formulation. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PubMed PMID: 32965910.
- 2021 Bandaru SS, **Gupta V**. Poikilocytosis. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PMID: 32965812.
- 2021 Tayyeb M, **Gupta V**. Dyspareunia. 2021. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. PMID: 32965830.
- 2020 Appeadu M, **Gupta V**. Postural Instability. 2020 Aug 16. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809741.
- 2020 Diaz LA, **Gupta V**. Diabetic Amyotrophy. 2020 Aug 15. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809326.
- 2020 Rajkumar V, **Gupta V**. Heavy Metal Toxicity. 2020 Aug 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809755.
- 2020 Kapoor M, **Gupta V**. Astrocytoma. 2020 Aug 12. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644468.

- 2020 Dhakal A, **Gupta V**. Coral toxicity. 2020 August 10. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644680.
- 2020 Newberger R, **Gupta V**. Streptococcus Group A. 2020 Aug 10. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644666.
- 2020 Bujoreanu I, **Gupta V**. Anatomy, Lymph Nodes. 2020 Aug 10. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491649.
- 2020 Ramakrishnan S, **Gupta V**. Trinucleotide Repeat Disorders. 2020 Aug 8. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644680.
- 2020 Bhandari J, Awais M, **Gupta V**. Leprosy. 2020 Aug 8. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644733.
- 2020 Hashmi M, **Gupta V**. Mucopolysaccharidosis Type II (MPS II, Hunter Syndrome). 2020 Aug 1. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809664.
- 2020 Soriano RM, **Gupta V**. Anatomy, Head and Neck, Larynx Nerves. 2020 July 27. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491674.
- 2020 Karna B, **Gupta V**. Sleep Disorder. 2020 July 26. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809555.
- 2020 Kyriakopoulos C, **Gupta V**. Renal Failure Drug Dose Adjustments. 2020 July 26. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809347.
- 2020 Cooper D, **Gupta V**. Lumateperone. 2020 July 22. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809679.
- 2020 Ishida C, **Gupta V**. Genetics, Molecular Testing. 2020 July 21. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809547.
- 2020 Ramakrishnan S, **Gupta V**. Holoprosencephaly. 2020 July 18. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809696.
- 2020 Feriante J, **Gupta V**. Neuroacanthocytosis. 2020 July 16. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809602.
- 2020 Wilson M, **Gupta V**. Enuresis. 2020 July 15. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809400.
- 2020 Qudsiya Z, **Gupta V**. Precocious Pseudopuberty. 2020 July 15. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809423.

- 2020 Lizzo J, Goyal A, **Gupta V**. Adult Diabetic Ketoacidosis. 2020 July 15. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809558.
- 2020 Tariq N, **Gupta V**. High Risk Behaviors. 2020 July 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809591.
- 2020 Saji A, **Gupta V**. Progressive Multifocal Leukoencephalopathy. 2020 July 11. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809419.
- 2020 Siddik AB, **Gupta V**. Medial Medullary Syndrome. 2020 July 8. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32809425.
- 2020 Alghedo BO, **Gupta V**. Filgrastim. 2020 July 6. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644708.
- 2020 Kanderi T, **Gupta V**. Glioblastoma Multiforme. 2020 July 6. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644380.
- 2020 Singh S, **Gupta V**. Mood Disorder. 2020 July 2. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644337.
- 2020 LaFreniere K, **Gupta V**. Idiopathic Pulmonary Hemosiderosis. 2020 Jun 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644388.
- 2020 Fariba K, **Gupta V**. Posttraumatic Stress Disorder In Children. 2020 Jun 28. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644566.
- 2020 Hashmi M, **Gupta V**. Hartnup Disease. 2020 Jun 28. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644502.
- 2020 Alamin ASM, **Gupta V**. Vitamin B12(Cobalamin). 2020 Jun 23. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644558.
- 2020 Titi-Lartey OA, **Gupta V**. Marasmus. 2020 Jun 22. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644650.
- 2020 Sedhai YR, Lamichhane A, **Gupta V**. Agranulocytosis. 2020 Jun 9. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644701.
- 2020 O'Donell B, **Gupta V**. Continuous Quality Improvement. 2020 Jun 5. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644665.
- 2020 Ranganathan S, **Gupta V**. Postcoital Contraception. 2020 Jun 5. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644583.
- 2020 Hitawala AA, **Gupta V**. Budd Chiari Syndrome. 2020 Jun 4. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644367.

- 2020 Fariba K, **Gupta V**. Schizoid Personality Disorder. 2020 Jun 3. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644660.
- 2020 Hodgens A, **Gupta V**. Severe Acute Respiratory Syndrome (SARS). 2020 Jun 3. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32644403.
- 2020 Anwar MY, **Gupta V**. Myoglobinuria. 2020 Jun 1. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491311.
- 2020 Redzic S, **Gupta V**. Niacin Deficiency. 2020 May 31. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491660.
- 2020 Fayez R, **Gupta V**. Imipramine. 2020 May 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491588.
- 2020 Sarwal D, **Gupta V**. Personal Health Record (PHR). 2020 May 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491689.
- 2020 Bielecki JE, **Gupta V**. Caustic Ingestions. 2020 May 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491374.
- 2020 Abosamak NER, Gawdi R, **Gupta V**. Vitamin B6 (Pyridoxine). 2020 May 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491368.
- 2020 Drake TM, **Gupta V**. Calcium. 2020 May 28. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491615.
- 2020 Bielecki JE, **Gupta V**. Cyclothymic Disorder. 2020 May 22. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491800.
- 2020 Medina J, **Gupta V**. Vitamin E. 2020 May 21. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491669.
- 2020 Ozdowski L, **Gupta V**. Physiology, Lymphatic System. 2020 May 21. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491765.
- 2020 Ramanlal R, **Gupta V**. Physiology, Vasodilation. 2020 May 21. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491494.
- 2020 Parekh PS, **Gupta V**. Anatomy, Hand Positioning. 2020 May 21. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491633.
- 2020 Coffey R, **Gupta V**. Meralgia Paresthetica. 2020 May 18. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491667.
- 2020 Fariba K, **Gupta V**. Deep Brain Stimulation. 2020 May 17. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32496727.

- 2020 Minutello K, **Gupta V**. Cromolyn Sodium. 2020 May 17. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491405.
- 2020 Thakur T, **Gupta V**. Auditory hallucinations. 2020 May 15. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491565.
- 2020 Floyd AE, **Gupta V**. Minnesota Multiphasic Personality Inventory. 2020 May 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491457.
- 2020 Fariba K, **Gupta V**. Involuntary Commitment. 2020 May 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491309.
- 2020 Alagga AA, **Gupta V**. Drug Absorption. 2020 May 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491337.
- 2020 AK AK, **Gupta V**. Rhino-orbital Cerebral Mucormycosis. 2020 May 14. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491361.
- 2020 Moy G, **Gupta V**. Menstrual Related Headache. 2020 May 13. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491383.
- 2020 O'Donnell B, **Gupta V**. Dronabinol. 2020 May 13. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491463.
- 2020 Fisher RM, **Gupta V**. Heavy Metals. 2020 May 13. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491738.
- 2020 Gandhi MH, **Gupta V**. Physiology, Maternal Blood. 2020 May 13. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491715.
- 2020 Horde GW, **Gupta V**. Drug Clearance. 2020 May 11. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491690.
- 2020 Scafidi JM, **Gupta V**. Histology, Howell Jolly Bodies. 2020 May 11. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491421.
- 2020 Shahrokhi M, **Gupta V**. Propranolol. 2020 May 8. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491733.
- 2020 Fariba K, **Gupta V**, Kass E. Personality Disorder. 2020 May 6. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32310518.
- 2020 Cusick E, **Gupta V**. Pimavanserin. 2020 May 5. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491644.
- 2020 Rentea RM, **Gupta V**. Gastroschisis. 2020 May 2. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491817.

- 2020 Aslam S, **Gupta V**. Carbonic Anhydrase Inhibitors. 2020 May 1. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491668.
- 2020 Hassan SA, **Gupta V**. Maple Syrup Urine Disease. 2020 Apr 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491705.
- 2020 Palmeri R, **Gupta V**. Carboxyhemoglobin Toxicity. 2020 Apr 30. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491811.
- 2020 Miniaci A, **Gupta V**. Loading Dose. 2020 Apr 29. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491350.
- 2020 Herrington A, **Gupta V**. Roles and Responsibilities of a Medical Simulation Center Manager. 2020 Apr 24. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491602.
- 2020 Patel PH, **Gupta V**. Rivastigmine. 2020 Apr 22. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491370.
- 2020 Nessel TA, **Gupta V**. Selenium. 2020 Apr 22. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491483.
- 2020 Tishkowski K, **Gupta V**. Erythrocyte Sedimentation Rate. 2020 Apr 19. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32491417.
- 2020 Nath M, **Gupta V**. Mood stabilizers. 2020 Apr 7. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32310601.
- 2020 Ladd M, **Gupta V**. Cobra Laws and EMTALA. 2020 Apr 5. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32310395.
- 2020 Revadigar N, **Gupta V**. Substance induced mood disorders. 2020 Mar 9. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 32310347.
- 2020 Rosenbaum S, **Gupta V**, Palacios J. Ketamine. 2020 Feb 16. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 29262083.
- 2020 Carver N, **Gupta V**, Hipskind J. Medical Error. 2020 Feb 16. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 28613514.
- 2020 Kumar A, **Gupta V**, Sharma S. Donepezil. 2020. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 30020629.
- 2020 Soreff SM, **Gupta V**, Arif H. Aggression. 2020 Feb 4. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 28846310.
- 2020 Siddiqui W, **Gupta V**, Huecker MR. Agitation. 2020 Feb 4. StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan-. PubMed PMID: 29630205.

- 2018 **Gupta V**. Child Refugee Mental Health. World Child and Adolescent Psychiatry. Issue 15, Dec 2018.
- 2013 Saftoiu A, Bhutani MS, Vilmann P, Surlin V, Uthamanthil RK, Lee JH, Bektas M, Singh H, Gheonea DI, Patrascu S, **Gupta V**, Katz MH, Fleming JB. Feasibility Study of EUS-NOTES as a Novel Approach for Pancreatic Cancer Staging and Therapy: An International Collaborative Study. Hepatogastroenterology. 2013 Jan-Feb; 60(121):180-186. PubMed PMID: 22776721.
- 2012 Singh H, Shah AA, **Gupta V**, Coverdale J, Harris T. The efficacy of mental health outreach programs to religious settings: A systematic review. American Journal of Psychiatric Rehabilitation, 2012 July; 15(3): 290-298.
- 2011 Bektas M, Keskin O, Korkut E, Üstün Y, **Gupta V**, Aniktar H, Cetinkaya H, Bahar K, Soykan I. Use of endoscopic band ligation for treatment of postpolypectomy hemorrhage. Endoskopi. 2011 Dec;19(3):104-105
- 2011 Bektas M, Korkut E, Ramazan I, Keskin O, Üstün Y, **Gupta V**, Bahar K. Treatment of Mallory-Weiss syndrome using argon plasma coagulation. Endoskopi. 2011 Aug;19(2):68-70.
- 2011 Bhutani MS, **Gupta V**, Guha S, Gheonea DI, Saftoiu A. Pancreatic cyst fluid analysis –a review. J Gastrointestin Liver Dis. 2011 Jun;20(2):175-80. PubMed PMID: 21725515
- 2010 **Gupta V**, Bektas M, Ross WA, Lee JH, Singh H, Guha S, Oruc N, Kapadia A, Eng C, Bhutani MS. S1113 Is There a Correlation Between Body Mass Index (BMI) and Endoscopic Ultrasound (EUS) Stage of Rectal Cancer at Initial Presentation? Gastroenterology. 2010 May; 138(5) S1, S182-183.
- 2010 **Gupta V**. Report on the practice based culminating experience as teaching assistant for “Pathology and Public Health” class taught at University of Texas School of Public Health, Houston" (2010). Texas Medical Center Dissertations (via ProQuest). AAI1482994.

NATIONAL PRESENTATIONS

- 2025 Psychiatry Review, Clinical Update on Mood Disorders. **Gupta V**, APA Annual Meeting 2025, Los Angeles.
- 2025 Lifestyle Pillars in Concert: Orchestrating a symphony of mental well-being. Bahroo B, Hirschberg A, **Gupta V**, Nguyen T, APA Annual Meeting 2025, Los Angeles.
- 2025 Financial Success 101: Paving the way to Personal and Professional security. Chau T, Shen E, **Gupta V**, John V, APA Annual Meeting 2025, Los Angeles.
- 2024 Advances in Obesity Treatment: Medication Management for Psychiatrists. **Gupta, V**. Emerging Topics Webinar Series. American Psychiatric Association
- 2024 Embarking on a Psychiatric Odyssey: Unveiling Academic Avenues for International Medical Graduates in Pursuit of Career Excellence. **Gupta V***, Oladunjoye A, Patel R, Jegede O,

APA Annual Meeting 2024, New York. (*Chair)

- 2024 Psychiatry Review, Clinical Update on Mood Disorders. **Gupta V**, APA Annual Meeting 2024, New York.
- 2024 Exploring the Myriad Career Opportunities in Psychiatry. **Gupta V**, Liggins T, Williams E, Ravin L, Malik V. APA Annual Meeting 2024, New York.
- 2024 “Should I Have My Patient Complete This Scale?”: Screenings and Measurement-Based Care in Clinical Practice. Sanchez M, Boland R, **Gupta V**. APA Annual Meeting 2024, New York.
- 2023 Psychiatry Review, Schizophrenia and Psychotic disorders. **Gupta V**. APA Annual Meeting 2023, San Francisco
- 2023 Exploring Fellowship Awards in Psychiatry: Opportunities Beyond the APA. **Gupta V*** Karnes B, Fonseca F, Chaikind J, Jackson S, Kemp D, Martinez C. (*Chair)
- 2019 Association of Academic Psychiatry. Kyle B, Corral I, **Gupta V**, Johnson T. Rural intersections: The forgotten dimension of rurality in cultural competence education for Psychiatrists. Boston, September 2019
- 2019 American Psychiatric Association Annual Meeting. **Gupta V***, Johnson T*, Kyle B, Corral I. Frontiers in rural mental health: the intersection of place and regional culture in the cultural competence landscape. San Francisco. May 2019 (*Chair)
- 2019 Eastern Area Health Education Center. **Gupta V**. Current Topics in Child and Adolescent Psychiatry-Substance Use Disorders in Adolescents. May 2019
- 2018 American Psychiatric Association Annual Meeting. **Gupta V***, Wadhwa R, Tampi R, John V. IMGs as Psychiatrists: Training Director and Resident Perspectives. New York. May 2018. (*Chair)

RESEARCH PRESENTATIONS

International

- 2014 World Association of Cultural Psychiatry (abstract). Wadhwa R, **Gupta V**, Walker P. Perspectives on Denial of Death: Past and Present. International Conference “Seeing beyond in facing death. Spirituality from sick body to salvation – Contents, care and relationships in different cultures”. Padua, Italy, Sept 2014.
- 2010 United European Gastroenterology week (poster). Vilmann P, Bhutani M, Saftoiu A, Bektas M, **Gupta V**, Singh H, Fleming J. Transgastric localization with dissection of the pancreatic tail by EUS-Assisted Notes: A Feasibility Study. Barcelona, Spain, October 2010.
- 2009 International Conference on Continuous Renal Replacement Therapies (CRRT) (poster). Sachdeva K, Podoll A, Finkel K, Dang T, **Gupta V**. Hemofilter Clotting in CRRT: Evaluating

Factors and New Techniques to Improve Hemofilter Survival. San Diego, California, 2009.

National

- 2018 American Psychiatric Association (poster). **Gupta V**, Wadhwa R, Sanches M. Wellbutrin-Induced Dystonia: A Case Report and Review of Literature. New York. May 2018.
- 2018 American Psychiatric Association (poster). Wadhwa R, **Gupta V**, Sanches M, Tampi R. Culturally Diverse Populations and Cultural Concepts of Distress. New York. May 2018.
- 2017 American Psychiatric Association (poster). **Gupta V**, Wadhwa R. Alice in Wonderland syndrome- An Unusual cause of hallucinogenic symptoms-A case and Literature review. San Diego, CA. May 2017.
- 2017 American Psychiatric Association (poster). Wadhwa R, **Gupta V**. Complementary role of DSM-5 and Psychodynamic Diagnostic Manual (PDM) in understanding personality disorders. San Diego, CA. May 2017.
- 2015 Institute on Psychiatric Services (poster). **Gupta V**, Chakraborti D, Tampi D, Tampi R. Prazosin for psychiatric disorders in old adults. New York, NY. October 2015.
- 2014 Institute on Psychiatric Services (poster). Is it ethical to use valproate (category D) in women of child bearing age? Shah A, Wadhwa R, **Gupta V**, Contreras V. San Francisco, CA. October 2014.
- 2011 Institute on Psychiatric Services (poster). **Gupta V**, Wadhwa R, Shah A. Risperidone induced Hyperprolactinemia. San Francisco, CA. October 2011.
- 2011 Institute on Psychiatric Services (poster). Wadhwa R, **Gupta V**, Shah A. Paliperidone induced Hyperprolactinemia. San Francisco, CA. October 2011.
- 2011 Association of medicine and Psychiatry (poster). **Gupta V**, Wadhwa R, Shah A. Caffeine induced QTc prolongation, Chicago, IL. September 2011.
- 2011 Association of medicine and Psychiatry (poster). Singh H, Shah A, **Gupta V**, Wadhwa R. Bupropion Induced Bruxism. Chicago, IL. September 2011.
- 2011 Association of medicine and Psychiatry (poster). Demir O, Bektas M, **Gupta V**, Wadhwa R, Tuzun A, Toruner M, Cetinkaya H, Soykan I. Prevalence of anxiety and depression in patients with inflammatory bowel disease. Chicago, IL. September 2011.
- 2010 Association of Academic Psychiatry (poster). **Gupta V**, Shah A, Singh H, Coverdale J, Harris T. Efficaciousness of mental health outreach in religious settings - A systematic review, Association of Academic Psychiatry, Pasadena, CA. September 2010.
- 2010 Digestive Disease Week (poster). **Gupta V**, Bektas M, Singh H, Ross W, Lee J, Bhutani M. Is there a correlation between Body Mass Index (BMI) and Endoscopic Ultrasound (EUS) stage of Rectal Cancer at Initial Presentation? New Orleans, LA. May 2010.

Regional

- 2019 Nevada Psychiatric Association (poster). **Gupta V**, Wadhwa R. Wellbutrin-Induced Dystonia: A Case Report and Review of Literature. Las Vegas. February 2019.
- 2019 Nevada Psychiatric Association (poster). Wadhwa R, **Gupta V**. A Neuropsychological condition with migraines and Lilliputian hallucinations. Las Vegas. February 2019.

Reports and Manuals

- 2009 Goradia R, Rowan PJ, and **Gupta V**. Technical Report: Synthesis of Recommendations from Selected Harris County Behavioral Health Reports and Studies.
- 2009 Rowan PJ, **Gupta V**, Goradia R, 2009. Advancing the Behavioral Health System in Harris County: Synthesis of Recommendations Emerging from Recent Years' Stakeholder Evaluative Reports. Report developed under contract for Harris County Healthcare Alliance.

BOOK CONTRIBUTIONS

- 2020 Psychiatry: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Psychiatry Geriatric: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Psychiatry Medical Student: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 NP Psychiatric/Mental Health: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Pharmacy Psychiatric: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Nurse Psychiatric Health: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Nurse Mental Health RN: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Nurse Mental Health PN: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2020 Psychiatric Technician: Specialty Review and Self-Assessment, StatPearls Publishing.
- 2016 Desocializing - A cure for e-social network addiction by Katherine Trumell, CreateSpace Independent Publishing Platform, 2016

GRAND ROUNDS/CME PRESENTATIONS

- 2019 Behind the mask: Narcissistic Personality disorder 101, Department of Psychiatry and Behavioral Medicine, East Carolina University
- 2017 Behind the mask: Personality disorders 101, AMDAANA Annual Meeting, Chicago

2011 Spirituality and Mental Health, Menninger Department of Psychiatry, Baylor College of Medicine

SERVICE & LEADERSHIP

2025-2026 Vice Chair, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2026, San Francisco

2025-2026 Chair, Courses Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2026

2025-2026 Co-Chair, Clinical Updates Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2026

2025-2026 Member, Consultation Liaison Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2026

2024-2025 Vice Chair, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2025, Los Angeles

2024-2025 Chair, Posters Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2025, Los Angeles

2024-2025 Co-Chair, Courses Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2025, Los Angeles

2024-2027 Member, Research Council, American Psychiatric Association

2024-2025 Member, Clinical Updates Subcommittee, Scientific Program Committee (SPC), American Psychiatric Association (APA) Annual Meeting 2024, New York

2024-2025 Member, Lifestyle Medicine Subcommittee, Scientific Program Committee (SPC) American Psychiatric Association (APA) Annual Meeting 2024, New York

2024- Current Food and Drug Administration (FDA) Network of Experts

2024- 2026 Member, Clinical Essentials Committee, American Academy of Child and Adolescent Psychiatry

2023-2024 Vice Chair, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2024, New York

2023-2024 Member, Clinical Updates Subcommittee, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2024, New York

2023-2024 Member, Courses Subcommittee, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2024, New York

2023-2024	Member, Posters Subcommittee, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2024, San Francisco
2018- 2027	Member, CME/Meeting Committee, American Society for Clinical Psychopharmacology
2023-2027	Member, Committee for a Comprehensive Curriculum, American Society for Clinical Psychopharmacology
2023-2027	Member, Program Committee, American Society for Clinical Psychopharmacology
2023- Current	Member, Focus Self-Assessment Editorial Board
2022-2023	Chair, IMG subcommittee, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2023, San Francisco
2022	Contributor, APA Annual Meeting, 2022 Self-Assessment
2021- 2022	Runner-up reviewer, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2022, 567 submission reviews
2021- 2022	Vice-Chair, Poster subcommittee, American Psychiatric Association (APA) Annual Meeting 2022, New Orleans
2021- 2022	Member, Technology subcommittee, American Psychiatric Association (APA) Annual Meeting 2022, New Orleans
2020- 2022	Member, Early Career Psychiatrists Subcommittee, American Psychiatric Association (APA) Annual Meeting 2021
2020- 2021	Consultant, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2021
2020- 2021	Top reviewer, Scientific Program Committee (SPC) for the American Psychiatric Association (APA) Annual Meeting 2021, 922 submission reviews completed.
2019- 2022	Member, Focus Self-Assessment Editorial Board
2019- 2020	Member, PRITE Fellowship Selection Committee (selected as the one outgoing PRITE Fellow to serve on the committee)
2019-2023	Member, Annual Meeting Program Committee, American Society for Clinical Psychopharmacology
2017- 2019	Member, PRITE Editorial Board

2018- 2026	Member, CME Committee, American Academy of Child and Adolescent Psychiatry
2018- 2019	Co-Chief Resident, East Carolina University-Vidant Medical Center, Child and Adolescent Psychiatry Fellowship; served on Chief Resident Council
2018-2019	Member, Quality and Safety Sub-committee of Residents and Fellows, Vidant Medical Center
2014-2015	Member, UW Madison Residency Education Policy, and Program Evaluation Committee
2010	Research volunteer in a Study on Health and Nutrition Awareness among Asian Indians by IDA Houston and UTMB-Galveston
2008-2009	Worked as Student Leader at Orientation, University of Texas, School of Public Health, Houston
2008	Elected as the Administrative Director of Public Relations for the Student Association, University of Texas, School of Public Health, Houston

REVIEWER

2020- Current	Psychological Medicine
2020- Current	Brain Sciences
2020- Current	Medicina
2020- Current	Healthcare
2020- Current	Current Psychiatry
2020- Current	Primary Care Companion for CNS Disorders
2020- Current	International Journal of Environmental Research and Public Health
2020- Current	Psychiatric Annals
2019- Current	Journal of Child Psychiatry and Human Development

PROFESSIONAL SOCIETY MEMBERSHIPS

2014-Current	American Psychiatric Association (APA)
2014-Current	American Medical Association (AMA)

2016-Current American Academy of Child and Adolescent Psychiatry (AACAP)
2016- Current American Society for Clinical Psychopharmacology (ASCP)
2016- Current American Association for Community Psychiatry (AACP)
2021- Current American Association for Social Psychiatry
2024- Current International Society of Sports Psychiatry

SOCIAL MEDIA

LinkedIn: <https://www.linkedin.com/in/vikas-gupta-md/>