

SARAH MICHELLE PASTORIZA, DO, FAAPMR

Board Certified – Physical Medicine & Rehabilitation (ABPMR)

Board Certified – Pain Medicine (ABPMR)

Florida, Ohio & California | Fluent English & Spanish

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PROFESSIONAL SUMMARY

Board-certified PM&R and Pain Medicine physician with extensive experience in **Independent Medical Examinations (IMEs), expert witness consulting, utilization review, disability determination, and medical-legal case analysis**. Proven ability to deliver **objective, defensible opinions** supported by evidence-based medicine across personal injury, workers' compensation, disability, and insurance matters. Fellowship-trained with a strong academic and publication background, providing credible testimony, comprehensive record review, and clear written reporting for legal stakeholders.

MEDICAL-LEGAL & IME EXPERIENCE

TC Expert Consulting LLC – Physician Consultant

March 2025 – Present

- Perform Independent Medical Examinations (IME), record reviews, and causation analysis - Provide impairment ratings, apportionment opinions, and future care recommendations - Deliver written expert reports meeting jurisdictional and evidentiary standards

Ardiem Expert Consultants – IME & Expert Physician

May 2025 – Present

- Conduct comprehensive IMEs for musculoskeletal, neurologic, and pain-related claims - Analyze complex medical records and imaging for medico-legal determinations

Red Medical Legal – Medical-Legal Consultant

May 2024 – September 2025

- Provided expert medical opinions for personal injury and insurance litigation - Performed detailed chart reviews and evidence-based critiques of treatment necessity

MCMC Insurance Utilization Review Panel – Physician Reviewer

July 2023 – September 2024

- Performed utilization review and medical necessity determinations - Applied nationally recognized clinical guidelines (ACOEM, ODG, evidence-based pain standards)

Brown & Brown Absence Group – *Physician Advisor*

August 2023 – September 2024

- Disability and functional capacity assessments - Return-to-work and work-restriction determinations

CLINICAL EXPERIENCE (RELEVANT TO IME & EXPERT OPINIONS)

Memorial Physician Group – *PM&R & Interventional Pain Physician*

September 2022 – Present

University Hospital – *Attending PM&R Physician / Associate Program Director*

June 2020 – August 2022

PM&R Locum Tenens Physician for Encompass at Lakeshore Rehabilitation

July 2018 – July 2019

EDUCATION & ADVANCED TRAINING

SEAK, Inc. – *IME Masters Program* – *July 2025*

Focused training in IMEs, report writing, deposition preparation, and expert testimony

Interventional Orthopedics Fellowship

Centeno-Schultz Clinic, Broomfield, CO | 2019–2020

Anesthesiology Pain Medicine Fellowship

University of Alabama at Birmingham | 2018–2019

Physical Medicine & Rehabilitation Residency

MetroHealth Medical Center (Cleveland Clinic Affiliate) | 2015–2018

Doctor of Osteopathic Medicine

Lake Erie College of Osteopathic Medicine | 2014

Bachelor of Science in Engineering (Magna Cum Laude)

University of Florida

AREAS OF IME & EXPERTISE

- Independent Medical Examinations (IME)
- Expert witness testimony (written & deposition support)
- Causation & apportionment analysis
- Maximum Medical Improvement (MMI)

- Permanent impairment ratings
 - Disability & functional capacity evaluation
 - Medical necessity & utilization review
 - Pain management & interventional spine
 - Musculoskeletal & neurologic injury assessment
 - Regenerative medicine (evidence-based evaluation)
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PUBLICATIONS & SCHOLARSHIP (SELECTED)

Extensive peer-reviewed publications in pain medicine, orthobiologics, and musculoskeletal disorders, supporting evidence-based expert opinions. *Full list available upon request.*

HONORS

- Memorial Healthcare System PM&R Faculty Teaching Award – 2025
 - University Hospital Recognition for Commitment to Value – 2021
 - Administrative Chief Resident – 2017–2018
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PROFESSIONAL MEMBERSHIPS

- American Academy of Physical Medicine & Rehabilitation (AAPM&R)
 - Association of Academic Physiatrists (AAP)
 - Interventional Orthopedics Foundation (IOF)
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LICENSURE

- Florida
- Ohio
- California