**JOSHUA C. RICHARDS**

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http://www.joshuarichardsmd.com

**EDUCATION:**

**Cornell University** Ithaca, NY

B.S. in Neurobiology and Animal Behavior

08/90- 05/94

**Columbia School of Public Health** New York, NY

M.P.H. in Health Policy and Management

08/95- 06/96

**New York Medical College** Valhalla, NY

M.D., 08/06 - 05/00

**San Francisco Orthopaedic Residency Program**

St. Mary’s Medical Center, San Francisco, CA

07/00- 07/05

**Cornell-New York Hospital**

**Hospital for Special Surgery** New York, NY

Hand, Upper Extremity and Microvascular Surgery Fellowship

07/05- 08/06

**PROFESSIONAL APPOINTMENTS:**

**Assistant Clinical Professor** 02/23-present

Stanford Medicine

**Assistant Clinical Professor** 02/19- 02/23

Hand Fellowship Instructor01/18- 02/23

University of California at San Francisco, Volunteer

**Clinical Instructor of Upper Extremity Trauma** 01/10-10/15

University of California at San Francisco

San Francisco General Hospital SF, CA

**Highland Hospital-Alameda County Hospital** 06/22-06/23

Attending Physician at Level I Trauma Center

**HOSPITAL AFFILIATIONS:**

Stanford and Stanford-TriValley Medical Center 02/23-Present

Alta Bates Summit Medical Center Berkeley 06/11-Present

Alta Bates Summit Medical Center Oakland 03/07-Present

San Ramon Regional Medical Center 10/06-02/23

The Surgery Center of Alta Bates Summit 03/07-02/23

Alameda County Medical Center 06/22-06/23

Sutter Health Eden Medical Center 11/21-Present

**WORK EXPERIENCE:**

**Stanford Orthopedics** 02/23-Present

**Muir Orthopedics/Golden State Orthopedics** 01/21-PresentWalnut Creek, CA

**Webster Orthopedic Medical Group** 2006-2020

Oakland, CA

**Pleasanton Surgery Center**  2015-2023

Owner and Operator

**SCOPE OF PRACTICE:**

**Hand Surgery:** Including Microsurgery, pediatric, complex bony and soft tissue reconstruction, arthroscopy, and fracture care

**Elbow Surgery:** Including Ligamentous instability with external fixation, collateral ligament reconstruction, arthroscopy, joint replacement, and fracture care

**Shoulder Surgery:** Including Total and Reverse Total shoulder arthroplasty, complex shoulder revision rotator cuff and instability surgery, arthroscopy, fracture care

**Trauma**: Cover multiple Level II and III General Orthopedic call. Capable of Level I Coverage but not Pelvic work.

**RECOGNITION:**

Dr. Richards was honored to be voted by his peers as one of the Best Doctors in America for the East Bay Region for 2014 and 2015, by America’s Best Physicians 2016-2107 and The Leading Physicians of the World in 2017.

**PUBLICATIONS**:

Daluiski A, Schrumpf M, **Richards JC,** Hotchkiss R. The Midaxial (Universal) Approach to the Lateral Elbow. Techniques in Shoulder and Elbow Surgery. 2011 Mar;12(1): 6-11

**Richards JC**, Majumdar S, Lindsey D, Beaupre G, Yerby S. The Treatment Mechanism of an Interspinous Process Implant for Lumbar Neurogenic Intermittent Claudication. Spine. 2005 Apr 1;30(7): 744-9

**CONTRIBUTOR.**

Walsh E, etal. Computer-assisted navigation of volar percutaneous scaphoid placement. Journal of Hand Surgery Am. 2009 Nov;34(9):1722-8.

**PRESENTATIONS:**

Minimally Invasive Trigger Finger and Dupuytrens Release. Stanford. 2023

Finger Amputation and Soft Tissue Flaps. San Francisco Orthopaedic Residency, 2019 2015, 2013, 2011. San Francisco, CA

Elbow Fractures, Dislocations, and Arthritis**,** San Francisco Orthopaedic Residency, Winter 2012 -2017. San Francisco, CA

AC Joint and Clavicle Injuries, What’s New**,** Sutter ER Grand Rounds, 2018. Oakland, CA.

Lateral Epicondylitis, “Frontiers in Medicine”, Jackson Hole, WY, Spring 2017

Dupuytren’s Contracture, “Frontiers in Medicine”, Jackson Hole, WY, Spring 2017

Shoulder Anatomy and Clinical Injuries, UCSF-UC Berkeley Medical School, Fall 2016. Berkeley, CA.

Mallet Finger and Distal Phalanx Fractures.UCSF “Doctors Demystify The Hand” Course, 2014. San Francisco, CA

Shoulder Multidirectional Instability and Frozen Shoulder. UCSF “Doctors Demystify The Shoulder” Course, Summer 2011. San Francisco, CA

Common Shoulder Injuries – Impingement, The Rotator Cuff, and A-C Joint dislocations, Alameda County Chapter of California Chiropractors Association, Summer 2011. Oakland, CA.

Elbow Fractures**.** San Francisco Orthopaedic Residency, Fall 2010

San Francisco, CA

Wrist Instability – Scapho-Lunate ligament Tears. UCSF Orthopaedic Residency Program, Fall 2010 and San Francisco Orthopaedic Residency, Spring 2009. San Francisco, CA.

Shoulder and Elbow Tendonitis. Summit Medical Center Medical Ground Rounds, Fall 2007. Oakland, CA.

Elbow Instability and Approaches. San Francisco Orthopaedic Residency, Spring 2007. San Francisco, CA

Upper Extremity Compression Neuropathies. Summit Medical Center Medical Ground Rounds, Spring 2007. Oakland, CA.

The Universal Lateral Approach to the Elbow. New York Hand Society, Spring 2006.

New York, New York.

Treament Options in Distal Radius Fractures. Physical Therapy Grand Rounds, Hospital for Special Surgery, Spring 2006. New York, New York.

The Accuracy of Computer Navigation in Scaphoid Screw Fixation. Hospital for Special Surgery Hand Grand Rounds, Spring 2006. New York, New York

The Treatment of Vascular Disorders of the Hand with Adventitial Stripping and Digital Sympathectomy. Hospital for Special Surgery Hand Grand Rounds, Spring 2006. New York, New York

The Treatment of Basal Joint Arthritis of the Hand with a Joint Sparing Biologic Spacer. Hospital for Special Surgery, Spring 2006. New York, NY.

Ewing’s Sarcoma of the Upper Extremity and the Use of Osteochondral Allografts. Hospital for Special Surgery, Winter 2006. New York, NY.

Scapho-Lunate Ligament Reconstruction for Wrist Instability. Hospital for Special Surgery, Winter 2006. New York NY.

The Morbidity of Iliac Crest Autograft. Hospital for Special Surgery, Winter 2006. New York, NY.

The Nerve of Henle and Its Role In Vascular Disorders of the Hand. Hospital for Special Surgery, Fall 2006. New York, NY.

Management of Complex Fracture Dislocations of the Elbow. Hospital for Special Surgery, Fall 2006. New York, NY.

Treatment of Adolescent Elbow Osteochondritis Dessicans Using Drilling and Bioabsorbable Pin Repair. St. Mary’s Medical Center Grand Rounds, Spring 2005. San Francisco, CA.

**RESEARCH EXPERIENCE:**

New York University-Hospital for Joint Diseases 1998-2000

Designed and implemented a study of two Total Knee Replacement Systems assessing post-operative anterior knee pain.

University of California at San Francisco, Summer 1997

Dept. of Radiology

Assisted on multiple studies on bone mineral density involving ultrasound's utility as a safe and inexpensive alternative to computed tomography.

Columbia College of Physicians and Surgeons, 1995-96

Dept. of Microbiology

Characterization of transcriptional control elements in the CD4 locus of T cell development was done utilizing transgenic mice.

Botswana Department of Wildlife 1993

Moremi Game Reserve, Botswana, Africa

Designed and Implemented African Wattled Crane Survey.

**PROFESSIONAL ORGANIZATIONS MEMBERSHIPS:**

American Academy of Orthopaedic Surgery 2009

American Society for Surgery of the Hand 2015

**BOARD CERTIFICATION:**

Board Certified in Orthopaedic Surgery 2009, 2020

Certified Additional Qualification Hand Surgery 2015

**ACTIVITIES:**

Traveling Fellow, Spain and Africa. Fall 2006

Traveling, Hiking, Camping, Skiing, and Soccer.

**CHARITY WORK:**

HAITI disaster relief – February 2010, February 2011

San Francisco General Hospital Clinical Instructor– 2012 to 2015

Operation Access – Local Charity Organization