

James Brooke Furrh IV, MD
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Professional Summary

I am an experienced Psychiatrist board certified by the American Board of Psychiatry and Neurology. My clinical background includes inpatient, outpatient, and intensive community-based treatment models. Across these practice settings I have held various leadership roles and worked with a diverse population of patients with psychiatric disorders. I have experience as an expert witness having testified as treating psychiatrist in many involuntary commitment hearings and have helped other providers prepare for similar testimony. I have expertise in the diagnosis and management of mental health disorders, including severe mental illness (Schizophrenia, Bipolar Disorder, etc.), post-traumatic stress disorder, insomnia/sleep disorders, and other psychiatric disorders, as well as psychopharmacology and other special topics in the field of psychiatry.

Core Expertise

- Psychiatric Diagnosis
- Severe Mental Illness
- Psychiatric Risk Assessment
- Geriatric Psychiatry
- Personality Disorders
- Psychopharmacology

Present Position

2022 – Present
Psychiatrist (BHIP/MHICM)
Charles George VA Medical Center, Asheville, NC
Clinical services and physician leadership for the Behavioral Health Interdisciplinary Program and Mental Health Intensive Case Management treatment teams in the outpatient setting

Education

2011 – 2015
University of Mississippi Medical Center
Doctor of Medicine

2006 – 2010
Millsaps College
Bachelors of Science in Biology with a Minor in Chemistry

Post-Graduate Training

2015 – 2019
Louisiana State University Health Sciences Center, New Orleans, LA
Medical Internship and Residency in General Psychiatry

Prior Positions

2019 – 2022

Psychiatrist – Adult and Geriatric Behavioral Health Units
Haywood Regional Medical Center, Behavioral Health Unit, Clyde, NC
Clinical services and physician leadership for a multidisciplinary inpatient team

Leadership Roles and Appointments

2022 – 2023

Interim Section Chief, Mental Health Section
Charles George VA Medical Center, Asheville, NC
Clinical services and administration of outpatient mental health clinic including policy development and direct management of clinic operations, psychiatrists, nurse practitioners, and physician assistants

2021 – 2022

Medical Director, Adult and Geriatric Behavioral Health Units
Haywood Regional Medical Center, Behavioral Health Unit, Clyde, NC
Management of unit providers and contractors, scheduling, assistance in general functioning of the unit, mid-level supervision, documentation review, policy development and implementation

2016 – 2018

Residency Wellness Committee Chairman, Department of Psychiatry
Louisiana State University Health Sciences Center, New Orleans, LA
Planning and executing program retreats, journal clubs, and continuing education activities

Professional Certifications and Licensure

American Board of Psychiatry and Neurology – Certification in Psychiatry
Board Certified 09/16/2019 – Current/Active – Certificate No. 75681

Licensure in State of North Carolina – 2019-00086

Active DEA

Professional Society Associations

American Medical Association
American Psychiatric Association
North Carolina Psychiatric Association

Educator Roles

2019 – Present

Collaborating Psychiatrist
Multiple Practice Locations and Settings
Collaborative practice – teaching and case consultation for mid-level prescribers in mental health, providing education on guidelines, the standard of care, and navigating clinical challenges

2019 – 2022

Psychiatry Residency Site Director

Haywood Regional Medical Center, Clyde, NC

Supervision and education of psychiatric resident physicians, committee work for residency program

2016 – 2020

Medical Student Supervisor – Psychiatry Rotation

Louisiana State University Health Sciences Center, New Orleans, LA

Supervision and education of medical students, teaching and lectures on psychiatry

Presentations

Diagnosis and Management of Chronic Insomnia in the Psychiatric Patient.

LSUHSC Psychiatry Grand Rounds, 2019. New Orleans, LA

Sexual Dysfunction as an Adverse Event in Anti-Depressant Use with a Focus on Duloxetine.

LSUHSC Psychiatry Pharmacology Roundtable, 2018. New Orleans, LA

The Role of Trazodone in Primary and Secondary Insomnia.

LSUHSC Psychiatry Pharmacology Roundtable, 2017. New Orleans, LA

Somatization Disorder in a Patient with Cyclic Vomiting Syndrome and Opioid Use Disorder.

LSUHSC Psychiatry Grand Rounds, 2016. New Orleans, LA

Research Experience

2010 – 2011

Research Assistant

The Rane Center for Venous and Lymphatic Disease, Dr. Seshadri Raju, MD, FACS – Flowood, MS
Assembly and management of primary research database, assistance in drafting and editing of publications, clinical shadowing

2007 – 2009

Research Assistant

Millsaps College Department of Biology, Dr. Sarah Lea Anglin, PhD – Jackson, MS

Growth and replication of yeast strains on various media, performance of nutrition tests, and database management for the study of cell cycle transition in Saccharomyces cerevisiae

Publications

Seshadri Raju, MD, James Brooke Furrh IV, BS, Peter Neglén, MD, PhD. Diagnosis and treatment of venous lymphedema. J Vasc Surg. 2011 Jun;55(1):141-49.