

## **Vipool K. “Vic” Goradia, MD**

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### **EDUCATION**

Medical School                      University of Oklahoma, Oklahoma City, Oklahoma  
M.D. with Distinction – June 1993

College                                Tulane University, New Orleans, Louisiana  
BSE Magna cum laude Biomedical Engineering w/ Honors May 1989

### **POSTGRADUATE TRAINING**

Fellowship                            Sports Medicine, Knee & Shoulder, Union Memorial Hospital,  
Baltimore, MD. Director: Les Matthews, MD: August 1, 1998 –  
July 31, 1999

Residency                            Orthopaedic Surgery, University of Oklahoma, Oklahoma City,  
OK. Program Director: David Teague, MD: July 1 1994– June  
30,1998

Internship                            General Surgery, University of Virginia, Charlottesville, VA: June  
14, 1993- June 30, 1994

### **PRACTICE EXPERIENCE**

Virginia Orthopedics, PLLC, Richmond, VA: March 2024 - Present

Twin County Orthopedics, Galax, VA (1 week/month): January 2024 – July 2024

Goradia Orthopaedics, P.C./ dba G2 Orthopedics and Sports Medicine, Glen Allen, VA:  
December 2004- March 2024

University of Texas, Houston, TX: August 2013-October 2014

Tuckahoe Orthopedics, Richmond, VA: August 2001-December 2004

Roanoke Orthopedic Center, Christiansburg, VA: September 1999-July 2001

### **CERTIFICATIONS**

- Recertified, American Board of Orthopaedic Surgery through 12/31/2031
- Certificate of Added Qualifications in Sports Medicine, American Board of Orthopaedic Surgery: 11/8/07 through 12/31/2031
- Board Certified, American Board of Orthopaedic Surgery: 7/12/01
- Diplomate of the National Board of Medical Examiners (#433915): 7/94

## **LICENSURE**

- Commonwealth of Virginia (#0101059293): March 24, 1999 to present
- Colorado (DR.0071815): Aug 17, 2023 to April 30, 2025
- Montana (128540): July 26, 2023 to March 31, 2025
- Utah (13487979-1205): September 12, 2023 to January 31, 2026
- Wyoming (16369A): October 27, 2023 to present
- North Carolina (Lic #2023-03245; Certificate: 318648): Nov 6, 2023 to Jan 11, 2024
- State of Texas (#P7639): August 15, 2013 to August 31, 2015
- State of Maryland (#D0053304): May 5, 1998 to Sept 30, 2000.
- State of Oklahoma (#19010): July 1, 1994 to July 1, 1998.

## **HOSPITAL APPOINTMENTS**

Twin County Hospital: January 2024-July 2024

St. Francis Medical Center, Midlothian, VA: 2005-2024 (gap in 2013-2015)

Parham Doctors Hospital, Richmond, VA: 2015-2024

## **PROFESSIONAL APPOINTMENTS**

Member	AANA Shoulder Arthroscopy Simulation Team: January 2018 – 2022
Board Member	Shady Grove YMCA, Glen Allen, VA: January 2015 – December 2017
Editorial Board	<i>Arthroscopy: Journal of Arthroscopic and Related Surgery</i> : January 2015 – January 2016
Associate Editor	<i>Arthroscopy: Journal of Arthroscopic and Related Surgery</i> : January 2010- December 2014
Chairman	Communications Committee, AANA: May 2012-May 2014
Chairman	Online CME Force, AANA: July 2011-November 2015
Editor	Knee Section, AANA Maintenance of Certification Task Force: July 2011- May 2014

Member	AANA Learning Center Module Workgroup: April 2010-2014
Member	AANA Technology Committee: April 2009-April 2013
Member	AANA Committee on Committees: July 2011
Chairman	Knee Lectures, Fall Course, <i>Arthroscopy Association of North America</i> , Scottsdale, AZ; November 19, 2010
Chairman	Electronic Subcommittee, AANA Magellan Project: May 2010-May 2011
Co-Chairman	Knee Course, Fall Meeting, <i>Arthroscopy Association of North America</i> , Palm Desert, CA; November 19, 2009
Member	Education Committee, <i>Arthroscopy Association of North America</i> : April 2009 – April 2011
Co-Chairman	Arthroscopic Simulation Task Force, <i>Arthroscopy Association of North America</i> : January 2008 - May 2010
Chairman	Technology Committee, <i>Arthroscopy Association of North America</i> : April 2007 – April 2009
Member	Education Overview Committee, <i>Arthroscopy Association of North America</i> : April 2007 – April 2009
Moderator	Sports Trauma, 26 <sup>th</sup> Annual Meeting <i>Arthroscopy Association of North America</i> , San Francisco, CA: April 27, 2007
Editorial Board	<i>Arthroscopy: Journal of Arthroscopic and Related Surgery</i> : January 2006 – January 2010
Chairman	Electronic Education Subcommittee, <i>Arthroscopy Association of North America</i> : May 2005 – May 2006
Head	Learning Center Website Subcommittee, <i>Arthroscopy Association of North America</i> : May 2005 – May 2006
Advisor	Technology Committee, <i>Arthroscopy Association of North America</i> : May 2005 – April 2007
Member	Learning Center Committee, <i>Arthroscopy Association of North America</i> : March 2004 – May 2006
Member	Young Member Task Force, <i>Arthroscopy Association of North America</i> : March 2005 – August 2006

Invited Guest	Winter Board Meeting, <i>Arthroscopy Association of North America</i> Palm Springs, CA: January 2005
Medical Director	HealthSouth Physical Therapy, Mechanicsville, VA: March 2004 – December 2004
Invited Guest	Executive Committee and Strategic Planning Mtg., <i>Arthroscopy Association of North America</i> , Palm Springs, CA: February 2004
Chairman	Technology Committee, <i>Arthroscopy Association of North America</i> : April 2004 – May 2005
Chairman	Electronic Media & Data Acquisition Committee, <i>Arthroscopy Association of North America</i> : April 2003 to April 2004
Chairman	Research/IT Technology Committee, ORV: January 2004 to December 2004
Administrator	Orthopaedic Research of Virginia (ORV): January 2004 to August 2004
Member	Electronic Media Committee, <i>Arthroscopy Association of North America</i> : April 2002 – April 2003
Member	Distance Learning Subcommittee, <i>Arthroscopy Association of North America</i> : July 2003 – May 2005
Member	Education Overview Committee, <i>Arthroscopy Association of North America</i> : April 2003 – May 2005
Consultant	Tuckahoe Family YMCA, Richmond, VA: April 2003 - October 2003
Member	Board of Directors, <i>Orthopaedic Research of Virginia</i> , Richmond, VA: August 2001 – December 2004
Reviewer	<i>Arthroscopy: Journal of Arthroscopic &amp; Related Surgery</i> : September 1999 – January 2006
Chairman	Residents and Fellows Arthroscopy Conference, New Orleans, LA: February 1999

**INTELECTUAL PROPERTY**

Design Surgeon/Consultant Arthrex Inc., Naples, FL: 2007 - 2020

Design Surgeon/Consultant BodyCad, Quebec City, Canada: 2018 - 2020

Design Surgeon/Consultant Dunamis Medical, Greenville, AL: 2018 - 2022

Consultant OrthAlign, Viejo, CA: 2016 - 2020

**COURSE INSTRUCTION**

Moderator Meniscus and Cartilage Session, *Arthroscopy Association of North America Fall Course*, Las Vegas, NV November 2013.

Chairman Knot Tying Lab, *Arthroscopy Association of North America Fall Course*, Las Vegas, NV November 2013.

Faculty Instructional Course Lecture, Improving ACL Outcomes, Annual Meeting of *Arthroscopy Association of North America*: Orlando, FL May 19, 2012

Faculty Journal of Arthroscopy Reviewers Course, Annual Meeting of *Arthroscopy Association of North America*: Orlando, FL May 19, 2012

Moderator Patellofemoral Scientific Session: AANA/SLARD Course, Orlando, FL: May 19, 2012.

Moderator Panel Debate: "Treatment Dilemmas for Patients with Meniscus and Knee Osteoarticular Problems" AANA/SLARD Course, Orlando, FL: May 16, 2012.

Panel Meniscus Case Problems, ISAKOS Knee Course, Mumbai, India: March 25, 2012.

Panel ACL Case Problems, ISAKOS Knee Course, Mumbai, India: March 25, 2012.

Panel Patellofemoral Case Problems, ISAKOS Knee Course, Mumbai, India: March 26, 2012.

Moderator Meniscus Section, Knee Course at AANA Fall Course, Palm Desert, CA: November 18, 2011

Instructor Shoulder Arthroscopy Lab: *AANA and AAOS*, San Francisco, CA: February 9, 2012.

Faculty Instructional Course Lecture, Improving ACL Outcomes, AAOS Annual Meeting: San Francisco, CA February 8, 2012.

Instructor Shoulder Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Palm Desert, CA: November 17, 2011.

Instructor Knee Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Palm Desert, CA: November 19, 2011.

Faculty Instructional Course Lecture, Controversies in Knee Surgery, ISAKOS Biennial Meeting, Rio De Janeiro, Brazil May 16, 2011.

Faculty Journal of Arthroscopy Reviewers Course, ISAKOS Biennial Meeting, Rio De Janeiro, Brazil May 16, 2011.

Faculty Instructional Course Lecture, Improving ACL Outcomes, Annual Meeting of *Arthroscopy Association of North America*: San Francisco, CA April 16, 2011

Faculty Journal of Arthroscopy Reviewers Course, Annual Meeting of *Arthroscopy Association of North America*: San Francisco, CA April 16, 2011

Master Instructor Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: January 20-23, 2011

Instructor Shoulder Arthroscopy Lab: *Arthroscopy Association of North America and American Academy of Orthopedic Surgeons*, San Diego, CA: February 17, 2011.

Instructor Shoulder Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Phoenix, AZ: November 18, 2010.

Instructor Knee Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Phoenix, AZ: November 20, 2010.

Master Instructor Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: August 19-22, 2010

Instructor Shoulder Arthroscopy Lab: *Arthroscopy Association of North America and American Academy of Orthopedic Surgeons*, New Orleans, LA: March 2010

Moderator Knee Ligaments, Fall Meeting, *Arthroscopy Association of North America*, Palm Desert, CA; November 19, 2009

Instructor Shoulder Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Palm Dessert, CA: November 20, 2009.

Instructor Knee Arthroscopy Skills Lab. *Arthroscopy Association of North America*: Fall Course, Palm Dessert, CA: November 20, 2009.

- Panel Lessons Learned on Jump Starting and Growing an Arthroscopy Practice: Practice Management, EMR, Ancillaries, and Coding: Mini-Symposium: Annual Meeting of the Arthroscopy Associate of North America, San Diego, CA: May 3, 2009
- Panel Practice Management and Success for the New Orthopedist: How to Choose the Best Path, Residents' Roundtable. Annual Meeting of the Arthroscopy Associate of North America, San Diego, CA: May 2, 2009
- Instructor Shoulder Arthroscopy Skills Lab: *Fall Course of Arthroscopy Association of North America*, Phoenix, AZ: November 21, 2008.
- Instructor Knee Arthroscopy Skills Lab: *Arthroscopy Association of North America*, Phoenix, AZ: November 22, 2008.
- Master Instructor Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: May 29-June 1, 2008
- Instructor Shoulder Course: Arthroscopic Rotator Cuff Repair: Mastering The Essentials, *American Academy of Orthopedic Surgeons*, San Francisco, CA: March 5, 2008.
- Coordinator "Practice Management Strategies II: How to Practice in the Digital Age; Lessons Learned on Electronic Medical Records, Radiography and the Paperless Office." *Instructional Course Lecture. 26<sup>th</sup> Annual Meeting Arthroscopy Association of North America*, San Francisco, CA: April 27, 2007.
- Instructor Shoulder Arthroscopy Lab: *Arthroscopy Association of North America and American Academy of Orthopedic Surgeons*, San Diego, CA: February 2007
- Instructor Residents' Arthroscopic Skills Course, *Arthroscopy Association of North America* Rosemont, IL: February 2007
- Instructor Donnie Knee Arthroscopy Lab: *Winter Course Arthroscopy Association of North America*, Whistler, BC, Canada: January 2007
- Instructor Donnie Knee Arthroscopy Lab: *Fall Course of Arthroscopy Association of North America*, Palm Desert, CA: November 2006
- Instructor Shoulder Arthroscopy Skill Course: *Arthroscopy Association of North America and American Academy of Orthopedic Surgeons*, Rosemont, IL: March 26, 2006

Instructor	Shoulder Arthroscopy Skills Lab: <i>Fall Course of Arthroscopy Association of North America</i> , Phoenix, AZ: December 1-3, 2005
Coordinator	“Electronic Medical Records: Options, Investments & Implementation.” <i>Instructional Course Lecture</i> . 24 <sup>th</sup> Annual Meeting of Arthroscopy Association of North America, Vancouver, BC, Canada: May 12-15, 2005
Coordinator	“Emerging Technologies in Knee Surgery.” <i>Instructional Course Lecture</i> . 23 <sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.
Instructor	Combined Orthopaedic Research of Virginia-Medical College of Virginia-University of Virginia Posterior Cruciate Ligament Lab for Residents/Fellows: Tuckahoe Surgery Center, Richmond, VA: Feb. 18, 2004
Instructor	Knee Cadaver Lab: Longwood University Certified Athletic Training Program, Dec. 2003
Instructor	Knee Examination Lab: Longwood University Certified Athletic Training Program, Nov. 2003
Moderator	Shoulder Section, <i>Annual Meeting of the Virginia Orthopaedic Society</i> : May 2003
Instructor	<i>Arthroscopy Association of North America</i> Digital Course: June 2003
Faculty	<i>57th Annual Meeting of the Virginia Orthopaedic Society</i> , Norfolk, VA: May 14-16, 2003.
Instructor	Junior Residents’ Arthroscopic Skills Course, <i>Arthroscopy Association of North America</i> , Rosemont, IL: March 2003
Instructor	Shoulder Arthroscopy Skills Course. <i>Fall Course of Arthroscopy Association of North America</i> , Nov. 2002
Instructor	Masters Course in Advanced Shoulder Arthroscopy, <i>Arthroscopy Association of North America</i> Rosemont, IL: April 2002
Instructor	Junior Residents’ Arthroscopic Skills Course, <i>Arthroscopy Association of North America</i> Rosemont, IL: Jan. 2002.

**INDUSTRY RELATED ACTIVITIES**

Faculty	Arthrex Arthroplasty Faculty Forum, Naples, FL May 1-2, 2015
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Faculty                      Arthrex Sports Medicine Faculty Forum, Naples, FL January 2015

Faculty                      Masters Knee Course, Arthrex Inc., Vail, CO: Aug. 31, 2014

Faculty                      Masters Knee Symposium, Apollo Arthrex Distributor, Kansas City, KS: September 13, 2014

Faculty                      Arthrex Annual Sports Medicine Fellows Forum, Naples, FL June 6-7, 2014

Faculty                      Physician Assistant Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: Jan. 29-30, 2014

Presenter                    Arthrex N. American Faculty Forum, Naples, FL: Jan. 11, 2014.

Faculty                      Physician Assistant Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: August 8-9, 2013

Faculty                      Arthrex Surgical Skills Masters Course, Vail, CO February 1-2, 2013

Faculty                      Current and Advanced Techniques for the Treatment of Cartilage & Ligament Injuries of the Knee, Marriottsville, MD, Jan 26, 2013

Faculty                      PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 15-16, 2013

Faculty                      3rd Annual Fellowship Completion Forum, Arthrex, Naples, FL June 9, 2012.

Faculty                      Arthrex Surgical Skills\_New Concepts in Knee Ligament Reconstruction. Los Angeles, CA May 12, 2012.

Faculty                      Focus Demo on ACL Reconstruction with Tightrope. Mumbai, India March 25-26, 2012.

Faculty                      Arthrex Surgical Skills Symposium, Vail, CO February 19-21, 2012.

Faculty                      PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 19-21, 2012

Faculty                      Arthrex Knee Symposium, Kerlan-Jobe Lab, Los Angeles, CA, October 21-22, 2011

Faculty                      Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

Faculty Arthrex Knee Multi-Ligament Injury Course, Kerlan-Jobe Lab, Los Angeles, CA, January 28, 2011

Moderator ACL Reconstruction Section, Arthrex North American Faculty Forum, Tracy, CA, January 7, 2011

Faculty Surgical Team Training for Surgical Assistants, Arthrex, Naples, FL, November 1, 2010

Faculty Arthrex Surgical Skills Training Course Surgical Management of Upper Extremity Injuries in Pitchers. Scottsdale, AZ, April 15, 2010.

Faculty Knee and Shoulder Arthrex Surgical Skills Richmond Roadshow, April 2-3, 2010

Faculty Arthrex Surgical Skills Training Course: Surgical Treatment of Biceps Tendon Pathology in Shoulder and Elbow, Arthrex Kerlan-Jobe Clinic, Los Angeles, CA, March 27, 2010.

Faculty Arthrex Knee Symposium, Naples, FL January 8-9, 2010

Faculty Arthrex North American Sports Medicine Forum, Naples FL: November 5-6, 2009.

Faculty SouthTech Knee Course. SouthTech Lab, Raleigh, NC October 24, 2009.

Faculty Arthrex Masters Course in Anatomic Knee Reconstruction, Kerlan Jobe Clinic Arthrex Lab: March 14, 2009

Instructor Hawaiian Shoulder Course, Arthex, Inc., Honolulu, HI: November 1, 2008

Instructor Korean-Japanese Shoulder Course, Arthex, Inc., Honolulu, HI: October 29-31, 2008

Faculty Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008.

Instructor Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

Instructor Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

Consultant Arthrex Inc.: January 2008- present

Instructor Knee Arthroscopy Lab, Arthrex, Inc. Naples, FL: December 14, 2007

Instructor                      Advanced Shoulder Arthroscopy. Danish Surgeons' Cadaver Laboratory, Arthrex Inc. Naples, FL, April 19, 2007

Instructor                      Advanced Knee Arthroscopy. Danish Surgeons' Cadaver Laboratory, Arthrex Inc. Naples, FL, April 18, 2007.

Instructor                      Knee Course: All-Inside ACL Reconstruction. Arthrex, Inc. Naples, FL: March 20, 2007.

Instructor                      Arthrex Regional Sales Representatives, Arthrex Inc. Naples, FL March 19 2007.

Instructor                      Arthrex Regional Sales Representatives, Arthrex Inc. Naples, FL November 28 2006.

**PROFESSIONAL ASSOCIATIONS**

Fellow                              American Academy of Orthopaedic Surgery: 2/03 – Present

Member                             American Orthopaedic Society for Sports Medicine: 7/04 – 12/23

Member                             Arthroscopy Association of North America: 4/02 – 12/23

Member                             International Society Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine: 7/11- 2014

Member                             Virginia Orthopaedic Society: 11/00 – 7/13

Member                             Richmond Academy of Medicine: 8/01 – 7/12

Member                             Richmond Orthopaedic Club: 11/01 – 7/10

Candidate Member                American Academy of Orthopaedic Surgery: 8/99 – 2/03

Associate Member                Arthroscopy Association of North America: 11/98 – 4/02

Candidate Member                American Orthopaedic Society for Sports Medicine: 7/99 – 7/04

**HONORS**

- Top 3 Orthopedist Richmond, VA by Three Best Rated® 2019, 2020, 2021, 2022
- Finalist, The Best Orthopaedic Practices Richmond Times Dispatch, 2017 & 2018
- Top Orthopedic Surgeons in America Consumer Research Council, April 2014
- Renaissance Award Arthroscopy Association of North America, Orlando, FL, May 2012
- Excellence in Research Award American Orthopaedic Society for Sports Medicine, Vancouver, British Columbia, July 1998
- Award for Outstanding Research Herodicus Society, Vancouver, B.C., July 1998
- American Orthopaedic Association-Zimmer 11<sup>th</sup> Annual Travel Award for Orthopaedic Resident Research, Asheville, NC, June 1998
- Best Paper, Annual Visiting Professorship (Mark Swiontkowski, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1998
- Chief Administrative Resident, University of Oklahoma, Oklahoma City, Ok: July 1997 – June 1998 (Selected by faculty)
- Best Paper, Annual Visiting Professorship (Paul Manske, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1997
- Best Paper, Annual Visiting Professorship (Michael Schaefer, MD), Department of Orthopaedic Surgery, Oklahoma City, OK, May 1996
- Alpha Omega Alpha Honor Medical Society, Dec. 1992

## **PUBLICATIONS**

**Goradia VK.** All-inside arthroscopic meniscal repair with meniscal cinch. *Arthroscopy Techniques* 2013; 2(2) e171-174.

Wiley, WB, Owen J, Wayne J, Pearson S, **Goradia VK.** Medial Femoral Condyle Strength After Tunnel Placement for Single- and Double-bundle Posterior Cruciate Ligament Reconstruction. *J. Knee Surg.* 2007; 20(3): 223-227.

**Goradia VK.** Electronic medical records for the arthroscopic surgeon. *Current Concepts. J. Arthroscopy* 2006; 22(2):219-24.

**Goradia VK,** Grana WA, Pearson S. Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts. *J. Arthroscopy* 2006; 22(1):80-88.

Cohen SB, Wiley WB, **Goradia VK**, Miller MD. Anterior capsular shift: An *in vitro* comparison of volume reduction using arthroscopic plication and open lateral shift. *J. Arthroscopy* 2005; 21(6): 659-664.

Chhabra A, Francke EI, Baer GS, Monahan T, **Goradia VK**, and Miller, MD. Cyclic loading of rotator cuff repairs: A comparison of cuff tacks, suture anchors, and open rotator cuff repairs. *J. Arthroscopy* 2005; 21(3): 323-327.

Wiley WB, **Goradia VK**, Pearson, S. Arthroscopic Capsular Plication-Shift. *J. Arthroscopy* 2005; 21(1): 119-21.

**Goradia VK**. Arthroscopic repair of a PASTA lesion. *Surgical Video*, AANA, [www.aana.org](http://www.aana.org); Education Portal, members only section: April 2005.

**Goradia VK**. Fascia lata allograft in ACL surgery. *Instr. Course Lect.* AANA, [www.aana.org](http://www.aana.org); members' only section: March 2005.

**Goradia VK**. Graft tensioning in ACL surgery. *Instr. Course Lect.* AANA, [www.aana.org](http://www.aana.org); members' only section: March 2005

**Goradia VK**. Repair of a medium sized rotator cuff tear. *Surgical Video*, AANA, [www.aana.org](http://www.aana.org); Education Portal, members only section: March 2005.

**Goradia VK**. Arthroscopic Bankart and SLAP Repairs. *Surgical Video*, AANA, [www.aana.org](http://www.aana.org); Education Portal, members only section: March 2005.

**Goradia VK**. ACL reconstruction with B-PT-B autograft or allograft. *Surgical Video*, AANA, [www.aana.org](http://www.aana.org); Education Portal, members only section: February 2005.

**Goradia VK**. ACL reconstruction with soft tissue allograft. *Surgical Video*, AANA, [www.aana.org](http://www.aana.org); Education Portal, members only section: February 2005.

**Goradia VK**. Arthroscopic repair of PASTA lesion. *Surgical Video of the Month*, [www.mdv1.com](http://www.mdv1.com); February 2004.

Wiley WB, **Goradia VK**. The Tuckahoe knot - A secure locking slip knot. *J. Arthroscopy* 2004; 20: 556-559.

Tennent D, **Goradia VK**: Arthroscopic management of calcific tendonitis of the popliteus tendon. *J. Arthroscopy* 19(4): E35, April 2003

**Goradia VK**, Van Allen J: Chronic lateral knee instability treated with a high tibial osteotomy. *J. Arthroscopy* 18(7): 807-811, Sept 2002.

Mullen DJ, **Goradia VK**, Parks BG, Matthews LS: A Biomechanical Study of Valgus Stability of the Elbow Before and After Reconstruction of the Medial Collateral Ligament. *J. Shoulder Elbow Surg* 11(3): 259-264, May/June 2002.

**Goradia VK**, Mullen DJ, Boucher HR, Parks BG, O'Donnell JB: Cyclic loading of rotator cuff repairs." A comparison of bioabsorbable tacks with suture anchors and transosseous sutures. *J. Arthroscopy* 17(4): 360-364, April 2001.

**Goradia VK**, Grana WA: A comparison of outcomes at two to six years after acute and chronic acl reconstructions using hamstring tendon grafts. *J. Arthroscopy* 17(4): 383-392, April 2001.

**Goradia VK**, Rochat MC, Grana WA, Rohrer MD, Prasad HS: Tendon to bone healing of a semitendinosus tendon autograft used for acl reconstruction in a sheep model. *J Knee Surg.* 13(3): 143-151, Summer 2000.

**Goradia VK**, Rochat MC, Kida M, Grana WA: Natural History of a hamstring tendon autograft used for acl reconstruction in a sheep model. *Am J Sports Med.* 28 (1): 40-46, Jan/Feb 2000.

**Goradia VK**, Rochat MC, Grana WA, Egle DA: Strength of acl reconstructions using semitendinosus tendon grafts. *J. Okla. State Med. Assoc.* 91(5), August 1998.

Sullivan JA, Gregory P, Herndon WA, Yngve DA, **Goradia VK**: Management of femoral shaft fractures in children ages 5 to 13 by traction and spica cast. *Orthopaedics International* 2 (6): 567 - 572, 1994.

## **CHAPTERS**

**Goradia VK**: Set-up, Portals and Diagnostic Knee Arthroscopy, in Ryu RN, Hunter RE, and Sgaglione NA (eds): *AANA Advanced Arthroscopy: The Knee*, Saunders Elsevier, 2010, Chapter 1.

Foster L, Bansal S, **Goradia VK**, Matthews LS: Knee Outcomes Scales, in Insall JN and Scott WN (eds): *Surgery of the Knee, 4th Ed.* Philadelphia, Churchill Livingstone Co, 2006, Chapter 35.

Bansal S, **Goradia VK**, Matthews LS: Sports knee rating systems, in Insall JN and Scott WN (eds): *Surgery of the Knee, 3<sup>rd</sup> Ed.* Philadelphia, Churchill Livingstone Co, 2001, pp 628-650.

## **PROFESSIONAL PRESENTATIONS**

"Concomitant Procedures: Committing to the Uni" Arthrex Arthroplasty Faculty Forum, Naples, FL: May 1, 2015

"Advancements in ACL RetroConstruction: The GraftLink" Masters Knee Symposium, Apollo Arthrex Distributor, Kansas City, KS: September 13, 2014

"Meniscal Repair" Masters Knee Symposium, Apollo Arthrex Distributor, Kansas City, KS: September 13, 2014.

"Advances in ACL GraftLink RetroConstruction" Masters Knee Course, Arthrex Inc., Vail, CO: Aug. 31, 2014.

“Meniscal Repair” Masters Knee Course, Arthrex Inc., Vail, CO: Aug. 31, 2014.

“HTO” Masters Knee Course, Arthrex Inc., Vail, CO: Aug. 31, 2014.

“MPFL Reconstruction” Masters Knee Course, Arthrex Inc., Vail, CO: Aug. 31, 2014.

“Advances in Treatment of Meniscus Tears” Arthrex N. American Faculty Forum, Naples, FL: Jan. 11, 2014.

"Shoulder Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: Jan 30, 2014.

"AC Joint Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: Jan 30, 2014.

"Knee Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: Jan 29, 2014.

"MPFL Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: Jan 29, 2014.

"Advances in Meniscal Repair and Resection" Arthrex North American Faculty Forum, Naples, FL: January 11, 2014.

"Shoulder Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: August 9, 2013.

"AC Joint Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: August 9, 2013.

"Knee Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: August 8, 2013.

"MPFL Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: August 8, 2013.

“Technical Considerations and Essential Skills of the CSA in Arthroscopic Shoulder Surgery” National Surgical Assistant Association Annual Meeting, Norfolk, VA May 4, 2013.

"Pearls for Subscapularis Repair" Arthrex Surgical Skills Masters Course, Vail, CO February 1, 2013.

"Proximal Biceps Tenodesis" Arthrex Surgical Skills Masters Course, Vail, CO February 1, 2013.

"Advancements in Instability Repair" Arthrex Surgical Skills Masters Course, Vail, CO February 1, 2013.

"Current Concepts and Advancements in ACL Reconstruction Establishing the ACL Anatomic Footprint" Current and Advanced Techniques for the Treatment of Cartilage & Ligament Injuries of the Knee, Marriottsville, MD, Jan 26, 2013.

"Knee Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 15, 2013.

"MPFL Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 15, 2013.

"Shoulder Arthroscopy Pearls" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 16, 2013.

"AC Joint Reconstruction" PA Surgical Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 16, 2013.

"New Techniques in PCL Reconstruction: Tightrope Arthroscopic PCL Inlay" 3rd Annual Fellowship Completion Forum, Arthrex, Naples, FL June 9, 2012.

"ACL Fixation." Instructional Course Lecture. AANA Annual Meeting" Orlando, FL May 19, 2012.

"Meniscus Management in 2012: From Repair to Transplant" AANA/SLARD Course, Orlando, FL: May 16, 2012.

"Meniscus Repair & Allograft" Arthrex Surgical Skills\_New Concepts in Knee Ligament Reconstruction. Los Angeles, CA May 12, 2012.

"Medial Patellofemoral Ligament Reconstruction" ISAKOS Knee Course. Mumbai, India, March 26, 2012.

"Meniscus Repair vs. Resection" ISAKOS Knee Course. Mumbai, India, March 25, 2012.

"Anatomic ACL Single Bundle with Hamstrings" ISAKOS Knee Course. Mumbai, India, March 25, 2012.

"Advancements in Meniscal Repair and Meniscal Root Repair" Arthrex Surgical Skills Symposium, Vail, CO February 19, 2012.

"ACL Fixation." Instructional Course Lecture. AAOS Annual Meeting" San Francisco, CA February 8, 2012.

"Shoulder Subacromial Decompression." PA Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 20, 2012.

"Diagnostic Knee Arthroscopy Pearls." PA Knee and Shoulder Surgical Skills Course, Arthrex, Naples, FL: January 20, 2012.

"Meniscus Repair vs. Resection: Decision Making and Outcomes." *Arthroscopy Association of*



*North America*: Fall Course, Palm Desert, CA: November 18, 2011.

“Proximal and Distal Reconstruction Options for Patellofemoral Disorders.” Arthrex Knee Symposium, Kerlan-Jobe Lab, Los Angeles, CA, October 22, 2011

“Indications and Techniques for HTO.” Arthrex Knee Symposium, Kerlan-Jobe Lab, Los Angeles, CA, October 22, 2011

“Current Options for Meniscus Repair.” Arthrex Knee Symposium, Kerlan-Jobe Lab, Los Angeles, CA, October 21, 2011

“Meniscus Repairs.” Instructional Course Lecture. ISAKOS Biennial Meeting“ Rio De Janeiro, Brazil, May 16, 2011.

“Statistics for Reviewers.” Journal Review Course. ISAKOS Biennial Meeting“ Rio De Janeiro, Brazil, May 16, 2011.

“Statistics for Reviewers.” Journal Review Course. AANA Annual Meeting“ San Francisco, CA April 16, 2011.

“ACL Fixation.” Instructional Course Lecture. AANA Annual Meeting“ San Francisco, CA April 16, 2011.

Live Demo: “Arthroscopic All-inside Meniscus Repair:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

“Meniscus Repair & Transplantation:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 26, 2011

“Live Demo: Arthroscopic AC Joint Reconstruction:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

“AC Joint Repair:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

“Live Demo: Double Row Rotator Cuff Repair:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

“Advancements in Rotator Cuff Repair:” Arthrex Surgical Skills Surgical Team Training Course, Naples, FL: February 25, 2011

“Double Bundle ACL Reconstruction:” Arthrex Knee Multi-Ligament Injury Course, Kerlan-Jobe Lab, Los Angeles, CA, January 28, 2011

“Live Demo: Rotator Cuff Repair:” Residents’ Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: January 23, 2011

“Introduction to Shoulder Arthroscopy, Arthroscopic Shoulder Anatomy, Portals and Risks, Sequential Diagnostic Technique, Beach Chair vs. Lateral Decubitus Operative Techniques:”

Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: January 22, 2011

"Articular Cartilage:" Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: January 21, 2011

"Indications, Techniques, Portals, and Neurovascular Structures at Risk for Hip, Elbow, Ankle, and Wrist Arthroscopy:" Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: January 20, 2011

"All-inside ACL reconstruction with bone-tendon-bone grafts", Arthrex North American Faculty Forum, Tracy, CA, January 7, 2011

"Knee Case Presentations using ARS" Knee Lectures, Fall Course, *Arthroscopy Association of North America*, Scottsdale, AZ; November 19, 2010

"ACL reconstruction and Meniscal repair update" Surgical Team Training for Surgical Assistants, Arthrex, Naples, FL, November 1, 2010

"Rotator cuff repair options" Surgical Team Training for Surgical Assistants, Arthrex, Naples, FL, November 1, 2010

"Live Demo: Arthroscopic Rotator Cuff Repair in Cadaver" Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: August 22, 2010

"Set-up, portal placement and diagnostic shoulder arthroscopy" Residents' Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: August 21, 2010

"Internal Impingement" Arthrex Surgical Skills Training Course Surgical Management of Upper Extremity Injuries in Pitchers. Scottsdale, AZ, April 15, 2010.

"Subacromial Impingement and Rotator Cuff Tears" Arthrex Surgical Skills Training Course Surgical Management of Upper Extremity Injuries in Pitchers. Scottsdale, AZ, April 15, 2010.

"Biceps Function in Shoulder" Arthrex Surgical Skills Training Course: Surgical Treatment of Biceps Tendon Pathology in Shoulder and Elbow. Los Angeles, CA. March 27, 2010.

"Subpec Biceps Tenodesis" Arthrex Surgical Skills Training Course: Surgical Treatment of Biceps Tendon Pathology in Shoulder and Elbow. Los Angeles, CA. March 27, 2010.

"Distal Biceps Pathology and Single Incision Repair" Arthrex Surgical Skills Training Course: Surgical Treatment of Biceps Tendon Pathology in Shoulder and Elbow. Los Angeles, CA. March 27, 2010.

"Advancements in Rotator Cuff Repair." Arthrex Surgical Skills Richmond Roadshow. Richmond, VA April 2, 2010.

“AC Joint Dislocations.: Arthrex Surgical Skills Richmond Roadshow. Richmond, VA April 2, 2010.

“Meniscal Repair of Posterior Horn Tears.” Arthrex Surgical Skills Richmond Roadshow. Richmond, VA April 3, 2010.

“OATS Auto/Allograft” Arthrex Surgical Skills Richmond Roadshow. Richmond, VA April 3, 2010.

“MPFL Repair.” Focus Demo. Arthrex Knee Symposium, Naples, FL January 9, 2010.

“Single Bundle All-Inside ACL Reconstruction” Focus Demo. Arthrex Knee Symposium, Naples, FL January 8, 2010.

“Treatment of Cartilage Lesions” Arthrex Knee Symposium, Naples, FL January 9, 2010.

“Meniscus Repair Options in 2010” Arthrex Knee Symposium, Naples, FL January 8, 2010.

“Knotless Labral Repair”. Arthrex Focus Demo. Arthroscopy Association of North America Fall Course, Palm Dessert, CA: November 21, 2009.

“Techniques-Focus Video: Technique and Avoiding Pitfalls in Transportal ACL Femoral Tunnel Preparation”. Arthroscopy Association of North America Fall Course, Palm Dessert, CA November 20, 2009.

“All Arthroscopic AC Joint Reconstruction”. Arthrex Focus Demo. Arthroscopy Association of North America Fall Course, Palm Dessert, CA: November 20, 2009.

“Partial Thickness Cuff Tears: Decisions and Techniques to Repair”. Arthroscopy Association of North America Fall Course, Palm Dessert, CA: November 19, 2009.

“Meniscal Repair Options in 2009.” Arthrex North American Sports Medicine Forum, Naples FL: November 5, 2009.

“Transition to All-Inside ACL Reconstruction.” Knee Course. SouthTech Lab, Raleigh, NC October 24, 2009.

“Meniscal Repair Options in 2009.” Knee Course. SouthTech Lab, Raleigh, NC October 24, 2009.

“Jump Starting an Orthopedic Practice—Marketing, IT and Practice Management”: Mini-Symposium: Annual Meeting of the Arthroscopy Associate of North America, San Diego, CA: May 3, 2009

“Growing an Orthopedic Practice—Marketing, IT and Practice Management”. Residents’ Roundtable. Annual Meeting of the Arthroscopy Associate of North America, San Diego, CA: May 2, 2009

“Finding the Right Job. How to Evaluate Orthopaedic Practice Opportunities”. Residents’ Roundtable. Annual Meeting of the Arthroscopy Associate of North America, San Diego, CA: May 2, 2009

“Shoulder Update October 2008.” Hawaiian Shoulder Course, Arthex, Inc., Honolulu, HI: November 1, 2008.

“Current Strategies for Treatment of AC Joint Injuries October 2008.” Hawaiian Shoulder Course, Arthex, Inc., Honolulu, HI: November 1, 2008.

“Meniscal Repair Update: Meniscal Cinch.” Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008.

“Single Bundle All-inside Reconstruction: Live Cadaver Demo.” Arthrex Faculty Meeting, Naples, FL: July 14-15, 2008

“Shoulder Update October 2008.” Korean-Japanese Shoulder Course, Arthex, Inc., Honolulu, HI: October 29-31, 2008.

"Live Demo: Arthroscopic Rotator Cuff Repair in Cadaver" Residents’ Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: May 29-June 1, 2008

"Set-up, portal placement and diagnostic shoulder arthroscopy" Residents’ Arthroscopy Skills Course, *Arthroscopy Association of North America*: Orthopedic Learning Center, Rosemont, IL: May 29-June 1, 2008

“Meniscal Repair Options.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Pearls for All-inside ACL Reconstruction with BTB Grafts.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Transition to All-inside ACL reconstruction.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Treatment of Cartilage Lesions.” Knee Course, Arthrex Inc., Scottsdale, AZ, February 23, 2008.

“Meniscal Repair Options.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Pearls for All-inside ACL Reconstruction with BTB Grafts.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Transition to All-inside ACL reconstruction.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“Treatment of Cartilage Lesions.” Knee Symposium, Arthrex Inc., Naples, FL, February 11-12, 2008.

“How to Begin the Search for the Right EMR.” *Instructional Course*. 26<sup>th</sup> Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 27, 2007.

“A Document Management Alternative To EMR---‘EMR Light.’” *Instructional Course*. 26<sup>th</sup> Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 27, 2007.

“All-Inside ACL Reconstruction.” Arthrex, Inc. Naples, FL: March 20, 2007.

“All Inside ACL Pearls.” *Arthrex Regional Sales Representatives*, Arthrex Inc. Naples, FL March 19 2007.

“My Technique for All Inside ACL Reconstruction.” *Arthrex Regional Sales Representatives*, Arthrex Inc. Naples, FL November 28 2006.

“Sizing of Meniscal Allografts: Comparison of Plain Radiographs, Magnetic Resonance Imaging, and Cadaveric Measurements.” 24<sup>th</sup> Annual Meeting Arthroscopy Association of North America, Vancouver, BC, Canada: May 12-15, 2005.

“E & M Coding and Office Templates”, *Instructional Course*, 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices” 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“ACL Tensioning: KT-1000 Measurements after ACL Reconstruction and Tensioning” 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices” 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Mattress and Simple Sutures” 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Comparison of x-ray, magnetic resonance imaging (MRI) and cadaveric measurements of meniscal size.” 57<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Norfolk, VA: May 14-16, 2004.

“Fascia Lata Allograft in ACL Surgery” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Graft Tensioning in ACL Surgery” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“ACL Tensioning: KT-1000 Measurements after ACL Reconstruction and Tensioning”. 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts” 56<sup>th</sup> Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Cuff Tacks and Suture Anchors with Open Rotator Cuff Repairs” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Effect of medial imbrication on patellar position.” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003

“Factors Associated with Decreased Muscle Strength After ACL Reconstruction with Hamstring Tendon Grafts” Arthroscopy Association of North America 22nd Annual Meeting, Phoenix, AZ, April 2003

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Cuff Tacks and Suture Anchors with Open Rotator Cuff Repairs” Arthroscopy Association of North America 22nd Annual Meeting, Phoenix, AZ, April 2003

“A Biomechanical Study of Valgus Stability of the Elbow Before and After Reconstruction of the Medial Collateral Ligament.” American Orthopaedic Society for Sports Medicine Annual Meeting, Sun Valley, Idaho, June 18-21, 2000

“Cyclic Loading of Rotator Cuff Repairs.” A Comparison of Bioabsorbable Tacks with Suture Anchors and Transosseous Sutures.” Arthroscopy Association of North America 19<sup>th</sup> Annual Meeting, Miami Beach, Florida, April 2000 (presented by co-author).

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” Annual meeting of the Herodicus Society. Traverse City, Michigan: June 1999.

”Sports Medicine Issues in Children and Adults.” Orthopaedics in Primary Care Medicine, Hotel Roanoke and Conference Center, Roanoke, Virginia, May 22, 1999

“Effects of surgical timing on outcomes after ACL reconstruction using hamstring tendon grafts at two to six years post-operatively.” Arthroscopy Association of North America. Vancouver, British Columbia, Canada: April 15-18, 1999.

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” American Orthopaedic Society for Sports Medicine 24<sup>th</sup> Annual Meeting, Vancouver, British Columbia, Canada: July 12-15, 1998.

“Acute versus chronic ACL reconstructions with hamstring tendon autografts: results at two to five years.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1998.

“ACL reconstruction with hamstring tendon grafts in a sheep model: a histological and biomechanical analysis over fifty-two weeks post-operatively.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1998.

“Histology of hamstring tendon grafts used for ACL reconstructions in a sheep model.” Fifth Annual Residents and Fellows Arthroscopy Conference, Scottsdale, Arizona: April 17-19, 1998.

“Tendon to bone healing of a semitendinosus graft in sheep.” Fifth Annual Residents and Fellows Arthroscopy Conference, Scottsdale, Arizona: April 17-19, 1998.

“Biomechanics of endoscopic ACL reconstructions: Semitendinosus versus patellar tendon grafts.” Arthroscopy Association of North America Specialty Day during American Academy of Orthopaedic Surgery Annual Meeting, New Orleans, Louisiana: March 22, 1998.

“Histologic and biomechanical analysis of hamstring acl reconstructions in sheep one to six months post-operatively.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 28-29, 1997.

“Biomechanics of endoscopic ACL reconstructions: Semitendinosus versus patellar tendon grafts.” Annual Meeting of the Arthroscopy Association of North America, San Diego, California: April 23-26, 1997.

“Biomechanics of endoscopic fixation in ACL reconstruction: Semitendinosus versus patellar tendon grafts.” Annual Orthopaedic Surgery Visiting Professorship, Oklahoma City, Oklahoma: May 30-31, 1996.

“Biomechanics of ACL graft fixation: A review.” Annual Orthopaedic Surgery Basic Science Presentations, Oklahoma City, Oklahoma: August 1995.

### **POSTER EXHIBITS**

“Active Cooling and Intermittent Pneumatic Compression Device vs. Standard Cold Therapy after Knee Arthroscopy”. 26<sup>th</sup> Annual Meeting Arthroscopy Association of North America, San Francisco, CA: April 26-30, 2007.

“Sizing of Meniscal Allografts: Comparison of Plain Radiographs, Magnetic Resonance Imaging, and Cadaveric Measurements”. 72<sup>nd</sup> Annual Meeting of American Academy of Orthopaedic Surgery, Washington, D.C.: February 17-21, 2005.

“Comparison of Three Anterior Cruciate Ligament Graft Tensioning Devices”. 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Cyclic Loading of Rotator Cuff Repairs: A Comparison of Mattress and Simple Sutures” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Medial Femoral Condyle Strength After Tunnel Placement for Posterior Cruciate Ligament Reconstruction” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Anterior Capsular Shift: Comparison of Volume Reduction using Arthroscopic and Open Capsular Shift.” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Loop Security: A comparison of Four Arthroscopic Knot Configurations.” 23<sup>rd</sup> Annual Meeting Arthroscopy Association of North America, Orlando, FL: April 22-25, 2004.

“Anterior Capsular Shift: Comparison of Volume Reduction using Arthroscopic and Open Capsular Shift.” 71<sup>st</sup> Annual Meeting of American Academy of Orthopaedic Surgery, San Francisco, CA: March 10-14, 2004.

“Loop Security: A Comparison of Three Sliding Knots.” 56th Annual Meeting of the Virginia Orthopaedic Society, Williamsburg, VA: May 16-18, 2003.

“Effect of medial imbrication on patellar position.” 22nd Annual Meeting of the Arthroscopy Association of North America, Phoenix, AZ: April 24-27, 2003

“A biomechanical study of valgus stability of the elbow before and after reconstruction of the medial collateral ligament” 64<sup>th</sup> Annual Meeting of American Academy of Orthopaedic Surgeons, San Francisco, California: February 28 – March 4, 2000.

“Tendon to bone healing of a semitendinosus tendon graft used for ACL reconstructions in sheep.” 111<sup>th</sup> Annual Meeting of The American Orthopaedic Association, Asheville, North Carolina: June 3-6, 1998.

### **COMMUNITY PRESENTATIONS**

“Knee Osteoarthritis: Treatment Options from Biologics to Partial and Total Knee Replacement” Joint Health and Surgical Interventions. Bon Secours PCP CME, Independence Golf Club, Midlothian, VA March 23, 2018.

“Advances in Rotator Cuff Repair” Parham Doctors’ Hospital. Richmond, VA. June 22, 2016.

“Latest Treatment for Cartilage and Meniscus Injuries” Virginia Chapter, Case Management Society of America. Hondos, Richmond, VA. February 11, 2016.

“ACL and Knee Injury Prevention Program” The Pediatric Center. Richmond, VA October 4, 2015

“Computer Guided and Robotic Knee Replacements” Chippenham Medical Center. September, 29 2015

“Surgical treatment for ACL, meniscus and MPFL tears” Cadaveric Lab for Bon Secours ATCs. Supreme Orthopedics Lab. Richmond, VA September 29, 2015

“Treatment of Knee Arthritis” Community Presentation. Hilton Hotel, Richmond, VA May 2015

“Advances in Knee and Shoulder Treatments” Tidewater PT, Midlothian, VA May 2015

"Understanding Common Knee & Shoulder Problems in Active Adults" Gold's Gym Trainers, Atascocita, TX, December 13, 2013.

"Common Knee Problems" Lifetime Fitness, Kingwood, TX, November 14, 2013.



"Knee Pain Causes in Seniors" Humble Area Activity Center, Humble, TX

"Treatment of Knee Pain" Memorial Hermann Convenient Care Center, Houston, TX, October 19, 2013.

"Advances in the Orthopedic Treatment of Common Knee & Shoulder Disorders" HCA Continuing Medical Education Program, Colonial Heights, VA, January 13, 2011

"Independent Medical Examinations: What workmans' compensation insurers need to know" Prometric Conference, Richmond, VA November 5, 2010.

"Advances in Knee and Shoulder Treatment" St. Francis Medical Center, Midlothian, VA May 11, 2010.

"Personalized Treatment Options for Arthritis." St. Francis Medical Center, Midlothian, Virginia. December 2, 2009.

"Advances in Sports Medicine" Bon Secours Medical Matters Seminar Series, Midlothian, VA January 2009.

"Basic Orthopedics and When to Refer" American Association of Physician Assistants, American Association of Nurse Practitioners, Go Orthopedics, Chester, Virginia, November 13, 2007

"Advances in Treatment of Common Shoulder Problems—What Nurses Need to Know". Bon Secours St. Francis Nursing Education. St. Francis Medical Center, Midlothian, VA: December 2, 2006.

"Advances in the Treatment of Knee & Shoulder Problems—Sports Medicine to Arthritis" Bon Secours Medical Matters Seminar. St. Francis Medical Center, Midlothian, VA: September 28, 2006.

"ACL reconstruction surgical techniques and instrumentation for the surgical technician." Bon Secours St. Francis Medical Center Surgical In-Service. Midlothian, VA: June 22, 2006.

"Common Knee & Shoulder Problems for the County Employee." Chesterfield County Employee Wellness. Chesterfield, VA: August 17, 2005.

"Diagnosis & Treatment of Common Knee & Shoulder Problems for the Primary Care Physician." John Randolph CME Series. Hopewell, VA: July 26, 2005.

"The Painful Knee—Options for Staying Active." John Randolph Volunteer Services Community Presentation. Chester, VA: June 29, 2005.

"Work Comp Case Manager Questions for the Orthopaedic Knee and Shoulder Specialist." Blair Rehabilitation Services Quarterly Meeting. Richmond, VA: October 22, 2004

“An Orthopaedists Perspective on Return to Work Issues.” Tidewater Physical Therapy Workman’s Compensation Case Managers Education Workshop. Hilton Hotel Conference Center, Richmond, VA: August 10, 2004.

“Diagnosis, Treatment and When to Refer Knee and Shoulder Problems.” Noon Educational Series, Henrico Doctors Hospital-Parham Campus; May 11, 2004

“An Algorithm for Diagnosis and Treatment of Common Knee and Shoulder Conditions.” *TOSS Primary Care Physician Symposium*, Dominion Club, Richmond, VA January 29, 2004

“Joint Infections and Osteomyelitis”, Hanover Family Physicians Residency Program, Hanover, VA December 9, 2003.

“Diagnosis and Treatment of Shoulder Instability”, Hanover Family Physicians Residency Program, Hanover, VA October 14, 2003.

“Diagnosis and Treatment of Cartilage and Meniscus Injuries”, Hanover Family Physicians Residency Program, Hanover, VA August 5, 2003.

“Cartilage and Meniscal Injuries” Virginia State High School Coaches Association, Norfolk, VA July 7, 2003.

“Shoulder Instability” Virginia State High School Coaches Association, Norfolk, VA July 7, 2003.

“Diagnosis and Treatment of Meniscus Injuries” Longwood University Athletic Training Program, October 29, 2002

“Weight Lifting Injuries” AAU International Power Lifting Championships, Richmond, Virginia October 26, 2002

“Treatment of Cartilage Problems in the Workman’s Compensation Patient” Travelers Insurance Company, Richmond, Virginia, October 23, 2002

“Treatment of Common Shoulder Problems” Breakfast Series, Virginia Science Museum, Richmond, Virginia September 11, 2002.

“Treatment of Cartilage Abnormalities and Complex Knee Problems” HealthSouth Workman’s Compensation Education Series, Richmond, Virginia, July 2002

“Shoulder Instability” HealthSouth Physical Therapy Education Series, Richmond, Virginia, January 16, 2002.

“Shoulder Impingement Syndromes in Athletes & Associated Conditions.” Southwest Virginia Sports Medicine Society Meeting, Blacksburg, Virginia, April 25, 2000

**OTHER COURSES ATTENDED**

- Reimbursement Strategies and Tactics for Orthopedics, Memphis, TN: 8/06
- Mastering Orthopedic Coding, Memphis, TN: 8/06
- Joint Reconstruction and Sports Medicine Course, Vail, CO: 1/04
- Metcalf Knee & Shoulder Arthroscopy Course, Sun Valley, ID: 1/01
- AAOS Orthopaedic Review Course, Washington, D.C.: 12/00
- Trauma Update, New York, New York: 12/99
- Advanced Shoulder Arthroscopy, Orthopaedic Learning Center, Rosemont, IL: 7/99
- Advances in Fracture Management: Beaver Creek, Colorado: 1/98.
- Advances in Fracture Management: Beaver Creek, Colorado: 1/97.
- Southwestern Medical School Prosthetics & Orthotics Course: Dallas: Texas, 10/95.
- AO/ASIF Basic Fracture Course: Charlotte, North Carolina: 11/94.

**OTHER**

NPI: 1740274836

DEA: BG4136835 Expires September 30, 2027

Utah Controlled Substances: # 13487979-8905 Expires January 31, 2026