

JESSICA CHAUDHARY, MD

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Results-oriented medical director offering **10+** years of experience leading key growth initiatives with a passion for the health insurance industry. Known for delivering innovative, reliable, cost-saving solutions and strategies that streamline processes, drive business growth, and improve patient care. Committed, analytical, and hands-on with a proven progressive career reflecting strong management experience that builds and collaborates with motivated teams. Highly praised for work ethic, ability to multi-task, problem-solving and communication skills, and successful delivery of work. Fluent in spoken Punjabi, Hindi, and some French.

CORE COMPETENCIES

- Strategic Direction
- Case Management
- Process Improvement
- Report Generation
- Data Analytics
- Policy Interpretation
- Consulting
- Quality Assurance
- Product Development
- Program Management

PROFESSIONAL EXPERIENCE

Anthem Blue Cross Blue Shield **MEDICAL DIRECTOR**

2015 – Present
Wallingford, CT

- Provide clinical leadership and direction to utilization management teams of **6+**, focusing on topics including cost of care opportunity identification and project development.
- Identify high cost claimants and create targeted and innovative interventions to earn **3:1** return on investment.
- Develop educational material and product content related to women's mental health and healthy parenting as Physician Advisor at myStrength (now Livongo).
- Lead work group for suicide prevention, launching marketing campaign and working with internal and external stakeholders.
- Create digital application to promote substance use recovery and abstinence with **2000+** expected end users.
- Prepare and present information on substance use disorders and treatments with **500** attendees at largest presentation.
- Participate in Digital Solutions Steering Committee of **25** responsible for creating and developing company digital strategy.
- Initiate and launch psychiatric in-home services to **200+** high risk, chronic, medically, and psychiatrically complex patients.
- Build and foster relationships between providers and stakeholders within the CareMore network and beyond.

Private Practice **ATTENDING PSYCHIATRIST**

2018 – Present
Westport, CT

- Provide psychotherapy and medication management to **8+** adult and child patients weekly with a focus on pharmacologic management of mood, anxiety, substance, and sleep disorders as well as addictions and attention deficit disorder (ADD).

Behavioral Medical Interventions **ATTENDING PSYCHIATRIST**

2014 – Present
Edina, MN

- Create disability case reports and reviews and perform independent medical exams.
- Participate in weekly panel calls to review and adjudicate disability cases.

Comprehensive Psychiatric Care (CPC) Associates **ATTENDING PSYCHIATRIST**

2012 – 2017
Danbury, CT

- Conducted disability evaluations and led contract negotiation discussions for practice that services community population of **15K** patients.
- Medication and therapeutic evaluation

EDUCATION

DOCTOR OF MEDICINE (MD)
University of Washington

June 2007
Seattle, WA

CLINICAL TRAINING

FELLOW October 2012 – January 2014
Harvard Medical School/Brigham and Women's Hospital and Dana Farber Cancer Institute Boston, MA

INTERNSHIP AND PSYCHIATRY RESIDENCY June 2007 – June 2011
Yale University New Haven, CT

POLICY FELLOWSHIP

HEALTH POLICY FELLOW January 2012 – June 2012
American Academy for the Advancement of Science Washington, D.C.

- *Advisor and Fellow*, State Department, International Health Bureau
- Faculty Appointment: George Washington University School of Medicine, Clinical Instructor

LICENSES & CERTIFICATIONS

Current Medical Licenses: State of Connecticut, State of Florida, State of Massachusetts, State of Texas

Board Certified in Psychiatry by the American Board of Psychiatry and Neurology

Diplomate of the American Board of Psychiatry and Neurology 2012

ACADEMIC APPOINTMENT & LEADERSHIP

Yale University School of Medicine, Clinical Assistant Professor 2018
American Healthcare Executive Leadership Coaching Program

CURRENT MEMBERSHIPS

- Academy of Psychosomatic Medicine
- American Psychiatric Association
- American Medical Association and American Medical Women's Association
- American College of Healthcare Executives
- American Association for Physician Leadership